TRAVMA İLE İLGİLİ SKORLAMA SİSTEMLERİ

9. BÖLÜM

Cem YILDIRIM[1]

1-) Glasgow Koma Skalası

Tablo 1. Glasgow Koma Skalası (E+M+V) = 3-15 (1)	
Göz açma	
Spontan	**E4**
Konuşma ile	**E3**
Ağrı ile	**E2**
Yok	**E1**
Motor cevap	
Uyguluyor	**M6**
Yerini tespit ediyor	**M5**
Çekiyor	**M4**
Anormal fleksiyon	**M3**
Ekstansör cevap	**M2**
Yok	**M1**
Sözel cevap	
Oriente	**V5**
Karışık konuşma	**V4**
Uyumsuz kelimeler	**V3**
Anlaşılmaz sesler	**V2**
Yok	**V1**

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- Ölçeğin 5 komponentinden -0,59 ile 1 arasında değişen indeks skor hesaplanır. EQ-5D indeks skor hesabında Dolan ve ark.'larının çalışmalarında ürettikleri katsayılar kullanılır.
- Skor fonksiyonunda 0 değeri ölümü, 1 değeri kusursuz sağlığı gösterirken negatif değerler bilinç kapalı, yatağa bağımlı olarak yaşamak vb. durumları göstermektedir.
- Türkçe versiyonu için geçerlilik ve güvenirlik analizi ile toplum norm değerlerini belirleme çalışması ise Eser ve ark.'ları tarafından gerçekleştirilmiştir (55).
- Ortopedi ve Travmatolojide çoklu travmalar sonrası önemli fonksiyonel değerlendirme skorlarından biridir (56).
- Kısa olması, esnek uygulama şekline sahip olması (yüz yüze, telefonda vb...) EQ-5D'nin yaygın kullanımı için çok katkıda bulundu.
- Ancak EQ-5D'in küçük ve orta düzey sağlık değişikliklerine karşı düşük duyarlılık göstermesi sorun teşkil etmektedir.
- Özellikle şizofreni, alkol bağımlılığı, işitme bozukluğu ve ekstremite rekonstrüksiyonu gibi durumlarda klinik değişimi tespit etmek için düşük duyarlılık gösterdiği raporlanmıştır (57).
- Üç seviyeli ölçeğin bu tür kısıtlamalarını iyileştirmek için, beş seviyeli ölçeğe sahip yeni EQ-5D sürümü geliştirildi (EQ-5D-5L).

Kaynakça

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