

25. BÖLÜM

ÇOCUKLUK ÇAĞININ MEZENKİMAL BÖBREK TÜMÖRLERİ

Gökçe AŞKAN¹

BERRAK HÜCRELİ SARKOM

İlk kez 1970 yılında Kidd ve arkadaşları tarafından, kemiğe metastaz yapma eğilimi sebebiyle Wilms tümörü (nefroblastom) nden ayrı bir antite olduğu öne sürülmüş ve 1978 yılından itibaren de böbreğin berrak hücreli sarkomu olarak tanımlanmıştır (1, 2). Wilms tümöründen sonra çocukluk çağıının ikinci en sık görülen malign tümördür ve çocukluk çağı böbrek tümörlerinin yaklaşık %3-4' ünü oluşturur (3-6). Nefroblastom ilişkili sendromlarla ya da embryonik kalıntılarla herhangi bir ilişkisi bulunmamaktadır. Ortalama görülme yaşı 36 ay olup erkek çocuklarda kız çocuklara oranla iki kat daha fazla görülür (4, 7). Karın ağrısı, karında kitle ve hematüri en sık görülen semptomlardır (8).

Makroskopik

Böbreğin berrak hücreli sarkomu makroskopik olarak ortalama 11 cm çapta, tek taraflı ve renal medullada yerleşim gösteren, soliter, iyi sınırlı ancak kapsülsüz görünümündedir. Kesit yüzü kirli bej renkte, yumuşak kıvamda olup, yer yer kistik ve mukoid alanlar içerebilir (4, 5).

Histopatoloji

Mikroskopik olarak klasik, miksoid, sklerozan, sellüler, epitelioid (asiner ya da trabeküler), palizatlaşan ve iğsi hücreli patern olmak üzere çok farklı morfolojik paterne sahip olduğu için yanlış tanı konulabilmektedir (4, 9). Olguların yaklaşık %90' ında birbirinden fibrovasküler septalarla ayrılmış,

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Mikroskopik

Mikroskopik olarak osteoid zemin ve etrafında dizilim gösteren osteoblastik ve benign görünümde İğsi hücrelerle karakterizedir. Yaş arttıkça osteoid zeminde de artış izlenir. İğsi hücreler invaziv büyüme paterni göstererek glomerül ve tubül yapılarını ortadan kaldırabilir. İğsi hücrelerde Vimentin ekspresyonu izlenirken, EMA ya da sitokeratin negatiftir. Bu hücrelerde aynı zamanda WT-1 ekspresyonu görülebildiği için Wilms tümörüyle karıştırılmamalıdır (7).

Ayırıcı Tanı

Ayırıcı tanıda Wilms tümörü ve konjenital mezoblastik nefrom yer alır. Wilms tümörünün 3 yaş civarında görülmesi ve en sık izlenen klinik bulgunun karında kitle olması tanıda yardımcıdır. Konjenital mezoblastik nefrom ise 3 ay ve altı çocuklarda görülmekle birlikte olgularda polihidroamniyoz eşlik eder (64).

Genetik

Trizomi 4 varlığı kemikleşen böbrek tümörü için şimdiye kadar bilinen tek moleküler özellik olmakla birlikte özellikle kalsifikasyon bulguları gösteren Wilms tümörünün ayırıcı tanısında yardımcıdır (7, 65).

Prognoz

Prognoz oldukça iyi olup tedavide genellikle parsiyel ya da total nefrektomi tercih edilmekte ve kemoterapi ya da radyoterapiye ihtiyaç duyulmamaktadır. Parsiyel nefrektomi sonrası bile hastalarda uzun dönemde nüks ya da metastaz bulgusu izlenmemektedir. Bu nedenle doğru tanı oldukça önemlidir (66).

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