



BÖLÜM 15

TRANSPLANTASYON SONRASI GEBELİK SONUÇLARI: ULUSAL TRANSPLANTE GEBE KAYITLARI

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Ulusal Transplant Gebelik Kaydı (NTPR) programı, gebe olan kadın alıcılar ile erkek transplant alıcıları tarafından babalık ile sonuçlanan gebelikler de dahil olmak üzere, transplantasyon sonrası gebelik sonuçlarını incelemek için 1991 yılında kurulmuştur. NTPR, böbrek kohortunun en büyüğü olan tüm solid organ nakli alıcılarında gebelik sonuçlarıyla ilgili verileri toplamaktadır (Tablo 15.1). Uygun katılımcılar, sağlık hizmeti sağlayıcıları tarafından NTPR'ye tanımlanır veya kendi kendine kaydolabilirler. Çalışma IRB onaylı olup bilgilendirilmiş onam formu, alıcılar ve sağlık hizmeti sağlayıcıları ile yapılan görüşmeler sırasında alınmaktadır. Ayrıca bahsi geçen çalışma ebeveyn ve çocuk tıbbi kayıtlarının gözden geçirilmesine izin vermektedir. Toplanan veriler arasında hastanın özgeçmişi, ilaç öyküsü, nakil bilgileri, hamilelik sonucu ve doğum sonrası bilgileri yer almaktadır. Ek olarak anne ve çocuk sağlığının uzun süreli periyodik takibi de yapılmaktadır. Bu bölümde, bahsi geçen kayıt programından elde edilen verileri gözden geçirilmektedir.

Murray ve arkadaşları, tek yumurta ikizi olan kız kardeşinden canlı donör böbreği alan bir alıcıda böbrek nakli sonrası ilk gebeliği bildirdi.

Alıcı immünsupresyon altında değildi. Gebelik gerçekleşti ve gebelik boyunca böbrek fonksiyonları stabil seyretti, ardından 1958'de sağlıklı bir bebek doğurdu [1]. Bahsi geçen nakilli hasta 2 yıl sonra tekrar gebe kaldı ve 76 yaşında demans komplikasyonlarından ölene kadar böbrek fonksiyonları iyi durumdaydı.

Gebeliği sırasında immünsupresyona maruz kalan ilk alıcı (azatioprin ve prednizon) 1967'de rapor edilmiş ve malformasyonu olmayan sağlıklı bir bebek doğurmuştur. Bahsi geçen annenin gebelik sonrası 1.5 ayda greft fonksiyonları ve 5. ayda bebeğin sağlığı olumlu olarak rapor edilmiştir [2].

**Tablo 15.7 NTPR Erkek Alıcılarda Babalıkla Sonuçlanan Gebelikler**

Organ(lar)	Alıcılar	Gebelikler/ Sonuçlar ^a	Fetal kayıp ^b (%)	Canlı doğumlar (%)	Ortalama gestasyonel yaş (hafta)	Ortalama doğum ağırlığı (gr)	Doğum kusurları (%)
Böbrek	619	968/987	6,5	93	39 ± 2,4	3320 ± 659	2,7
Böbrek- pankreas	33	43/45	9	91	38.7 ± 2.4	3321 ± 589	2.4
Genel nüfus			16-21		39	3389	4-6[72]

^a Birden fazla doğum içerir^b Düşükler ve ölü doğumlar

NTPR, böbrek nakli sonrası hamilelikle ilgili gelişen endişeleri, soruları ele almak amacıyla yeni tedavi uygulamalarını takip etmekte ve solid organ nakli alıcılarında hamilelik sonuçlarını değerlendirmek için veri toplamaya, analiz etmeye devam etmektedir. Alıcılara danışmanlık yapılırken güncel, eksiksiz bilgi sağlamak amacıyla, kayıtlara ve literatüre sürekli rapor verilmesi teşvik edilmektedir. 2016 yılının sonlarında NTPR, transplant alıcıları açısından dünya çapında katılımı sağladı ve adını Uluslararası Transplante Gebelik Kaydı (TPR) olarak değiştirdi. Uluslararası gelişmenin, tahakkuk ettiğimiz verilerin niceliğini ve de miktarını artıracığını, daha sağlam analizlere olanak tanıyacağını, böylece hem alıcılara hem de sağlık hizmeti sağlayıcılarına fayda sağlayacağını öngörüyoruz. Daha fazla bilgi TPR'den e-posta ile TPR @transplantpregnancyregistry.org adresinden edinilebilir.

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