

Bölüm 4

ENTERAL İLAÇ UYGULAMALARI

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Pediyatrik gruptaki hastalar ilaçlara yetişkinlerden farklı yanıtlar verebilmektedir. Pediyatrik gruptaki hastalar ilaçlara daha duyarlı olup bireysel farklılıkları organ-sistem yapılarının olgunlaşmamasından kaynaklanmaktadır ⁽¹⁾.

Çocuklara enteral ilaç uygulamaları yapılırken yaş gruplarına göre dikkat edilmelidir. Çocuklara, ağızdan ilaç verirken ebeveynleri mümkün olduğunca bakıma dahil edilmelidir ⁽²⁾. Ağızdan alınan ilaçlar yavaşça iç kısmına damlalıklarla veya enjektör yardımıyla uygulanmalı ve yutmaları için gerekli zaman tanınmalıdır. İlaçlar mama veya anne sütü ile tercih edilmemelidir çünkü bebekler ilaç tadı ile emmeyi reddedebilirler ⁽³⁻⁵⁾. Bebeklerde ilaç uygulaması sırasında kucaklayarak ve sarılarak bebek rahatlatılmalıdır. Yeni yürümeye başlayan çocuklar ve okul öncesi çocuklar çok meraklıdır ve kontrol odaklıdır. Çocuğun kendini güvende hissetmesine yardımcı olacak teknikler kullanılmalıdır (eşyaları tutma, bardak seçme). Ancak uygulama kısa ve basit açıklamalarla yetişkin kontrolünde olmalıdır. Bu dönemde araştırmayı severler ve bağımsızlıklarını kullanmak isterler. Ağızdan alınan ilaçları daha lezzetli hale genellikle aromalı şuruplar ve meyve püreleri karıştırılmış formdadır. Çocuklara uygulama sonrasında en sevdiği içeceklerle ödüllendirilebilir. Okul çağındaki çocuklar ve ergenler akıl yürütme becerisi geliştikçe ve olgunlaştıkça ilaç uygulamalarına daha fazla katılabilirler. Hemşireler ilaç kullanımını daha ayrıntılı olarak açıklayabilirler. Güvenli ilaç uygulaması iyi öğretilmelidir. Tüm ilaçlarını doğru zamanda ve dozda alınması yetişkin kontrolünde bağımsız olarak alabilirler. Bazı ilaç formlarının tablet ve kapsül yutamayan çocuklar için çiğneme tableti formları düşünülmelidir. Ergenlerde yasadışı, reçeteli/reçetesi ilaç kullanımı, alkol kullanımı ve istismarının öğretilmesi ve izlenilmesi gerekmektedir. İlaç yönetimi ile ilgili öz bakım bilgileri bu yaş grubu için öğretilmelidir ⁽³⁻⁵⁾.

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