



BÖLÜM 17

KOZMETİK JİNEKOLOJİ UYGULAMALARININ CİNSEL FONKSİYONLAR ÜZERİNDEKİ ETKİLERİ

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GİRİŞ

Kadın genital estetik uygulamaları; kozmetik veya işlevsel amaçlı vajina ve/veya vulvayı içeren prosedürleri ifade eder, kozmetik jinekoloji uygulamaları olarak da isimlendirilebilir. Bu prosedürler genel olarak cerrahi uygulamalardır. Ancak, bazı cerrahi olmayan uygulamalar da kozmetik jinekolojinin kapsamına girmektedir.

Kozmetik jinekoloji uygulamalarının sıklığı son yıllarda artmıştır. İngiltere Ulusal Sağlık Servisi'ne göre, İngiltere'de yapılan labioplasti girişimlerinin sayısı 2001'den 2010'a kadar dokuz yıl içerisinde beş kat artmıştır.^(1,2) Amerikan Plastik Cerrahi Derneği raporunda ise vajinal rejuvenuasyon prosedürleri 2005'te 793 iken, 2006'da 1030'a çıkarak %30'luk bir artış bildirilmiştir.⁽³⁾ Artan talebin nedeni, günümüzde yaygın internet kullanımı ve kadın cinsel organlarına maruziyetin artması nedeniyle yeni bir vulvovajinal standardın gelişmesi ile ilişkilendirilmiştir. Bu katı standart kalıplar, kadınların psikolojik sağlığını olumsuz etkileyebilmekte ve güvensizliğin artmasına neden olmaktadır, bu da gençleri dahi genital estetik cerrahi arayışına itmiştir. İngiliz Pediatrik ve Ergen Jinekoloji Derneği'ne göre, İngiltere'de 2008 ile 2012 yılları arasında 14 yaşın altındaki kızlarda 266 labial redüksiyon yapılmıştır.⁽⁴⁾

Kadınlar (i) koitus sırasında veya spor yaparken ağrı, vulvar irritasyon, sürtünme ve iç çamaşırı veya giyimde rahatsızlık, hijyenik zorluk; (ii) benlik saygısında artış sağlamaya yardımcı olmak için; (iii) penis-vajinal sürtünmeyi ve klitoral kompleksteki penil basıyı artırarak cinsel tatminde artış sağlama isteği gibi hem estetik hem de işlevsel nedenler ile kadın genital estetik cerrahisine başvurmaktadır. Ayrıca vajinal relaksasyon (gevşeme), cinsel ilişki sırasında genişlik hissi, sürtünme eksikliği ve partnerin cinsel hazzını iyileştirmek için de talep edilmektedir.⁽⁵⁻⁸⁾ Kadınlar genel olarak kozmetik nedenler, fonksiyonlar nedenler ve özgüven eksikliğinin giderilip benlik saygısında artış sağlamak amacıyla kozmetik jinekoloji uygulamalarına yönelmektedirler.⁽⁷⁾

Kadın cinsel fonksiyonu biyolojik, psikolojik, medikal ve daha birçok faktörden etkilenen multidisipliner bir alandır. Sağlıklı bir cinsel yanıt ise 4 fazdan oluşur; istek (libido), uyarılma,

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