



BÖLÜM 4

KOZMETİK JİNEKOLOJİNİN TARİHSEL GELİŞİMİ

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GİRİŞ

Kadınların genital bölgelerini güzelleştirme isteği çok daha eskiye dayansa da; 1970'li yıllardan itibaren sadece estetik ve cinsel nedenlerle kadın genital bölgesinde cerrahi değişiklikler yapılmaktadır. Modern kozmetik jinekoloji uygulamaları 2000'li yıllardan itibaren oldukça yaygınlaşmıştır.

KOZMETİK JİNEKOLOJİ VE UYGULAMALARININ TARİHÇESİ

Güzelliğin tarihi insanlığın kendisi kadar eskidir. Tarih boyunca insanlar çekiciliğini ve güzelliklerini geliştirmeye çalıştılar. Sağlık tanımı, 1948'de Dünya Sağlık Örgütü (WHO) tarafından "yalnızca hastalık veya sakatlığın olmaması değil; fiziksel, zihinsel ve sosyal yönden tam iyi olma hali" olarak tanımlamıştır.⁽¹⁾ Güzellik ve kusursuz olma içgüdüğü, bir kadının zihinsel ve sosyal refahını güçlü bir şekilde etkilemektedir. Kozmetik cerrahiler; hastaların yaşam kalitesini ve refahını iyileştiren operasyonlardır.

Genital estetiğin tarihi de güzelliğin tarihi gibi oldukça eskidir ve eski Mısır'a kadar uzanmaktadır. Yüzyıllardır kadınlar süsleme ve renklendirme gibi uygulamalarla cinsel organlarını değiştirmeye çalışmışlardır.⁽²⁾ Obstetrinin öncülerinden François Mauriceau, "The Diseases of Women with Child and Child Bearing" adlı kitabında labial görüntüsünden rahatsızlık duyan bir hastayı 1681 yılında tanımlamıştır.^(3,4)

Tamamen kozmetik ve cinsel nedenlerle kadın genital bölgesine yapılan uygulamalara ait ilk yayınlar 1970'lerden sonrasına aittir. Kozmetik jinekoloji uygulamaları; labioplasti, klitoral hudoplasti, himenoplasti, labia majora büyütme, vajinoplasti ve G-spot amplifikasyonu, genital bölgeye yapılan lazer ve radyofrekans uygulamaları dahil olmak üzere çok sayıda prosedürü içermektedir.⁽⁵⁾ Kadınların genital bölgelerini güzelleştirme isteği eskiye dayansa da, kozmetik jinekoloji prosedürlerinin hızlı gelişimi son yıllarda olmuştur.

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nıklarla ilişkili olabilir.⁽⁸²⁾ Radyofrekans, tıpta ilk olarak 1920'lerde elektrokoter için kullanıldı.^(83,84) 2000'li yıllardan itibaren estetik cerrahide kullanımı artmıştır. 2010'lu yıllardan itibaren kozmetik jinekolojide yaygın bir şekilde kullanılmaktadır. Konuyla ilgili ilk çalışmalardan biri 2010 yılında Millheiser ve arkadaşları tarafından gerçekleştirilmiştir. 24 kadında ters gradyan radyofrekans enerjisinin kullanıldığı bu pilot çalışmada, radyofrekans sonrası katılımcıların vajinal sıkılıklarında ve cinsel fonksiyonlarında iyileşme izlendi.⁽⁸⁵⁾

SONUÇ

Modern kozmetik jinekoloji prosedürleri, 2000'li yıllardan beri giderek daha fazla uygulanmaktadır. 2000'li yılların başından itibaren cerrahi işlemler yaygın olarak uygulanırken, 2010'lu yıllardan itibaren non-invaziv uygulamalar da yaygınlaşmaya başlamıştır.

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