

Bölüm 16

TİROİD BEZİNİN NADİR TÜMÖRLERİ VE TİROİD METASTAZLARI: TANI VE TEDAVİ YAKLAŞIMLARI

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GİRİŞ

Tiroidde gelişen neoplaziler çoğunlukla iyi diferansiye epitelyal tümörlerdir. Klinik pratikte en sık **papiller tiroid karsinomu (PTK)**, **foliküler tiroid karsinomu (FTK)**, **medüller tiroid karsinomu (MTK)** ve **anaplastik tiroid karsinomu (ATK)** ile karşılaşmaktadır.

Ancak, tiroid tümörleri içerisinde daha nadir görülen, tanı ve tedavi açısından zorluklar barındıran gruplar da mevcuttur. **Nadir tiroid tümörleri** ve **tiroid bezine metastatik tutulumu olan tümörler** hem klinik hem de histopatolojik olarak heterojen bir yapı sergiler. Bu nadir tümörlerin doğru tanınması, uygun tedavi planlaması açısından kritik öneme sahiptir.

Tiroid tümörlerinin en güncel sınıflaması, Dünya Sağlık Örgütü (WHO) tarafından 2022 yılında Endokrin ve Nöroendokrin Tümörler 5. baskısında yayımlanmıştır. Bu sınıflamada, sık görülen tiroid tümörleri yanı sıra nadir görülen lezyonlar da detaylandırılmıştır. Tükürük bezi tipi karsinomlar, **tiroidin timik tümörleri**, **histogenezi belirsiz tümörler**, **embriyonal kökenli tümörler**, **tiroid lenfomaları** bunlardan birkaçıdır.

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SONUÇ

Tiroid bezinin nadir tümörleri ve metastatik lezyonları, klinik, histopatolojik ve moleküler düzeyde heterojen bir grup oluşturmaktadır. Bu olguların tanı ve tedavisinde standart yaklaşımların yetersiz kalabildiği durumlarda, ileri düzey immünohistokimyasal ve genetik analizler tanısallı doğruluğu artırmakta, multidisipliner değerlendirme ise hasta yönetimini yönlendirmede belirleyici rol oynamaktadır.

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