

COVID-19 VE RUH SAĞLIĞINA ETKİLERİ

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1. COVID-19 pandemi sürecinde hangi ruhsal belirtilerle sık karşılaşilmektedir?
2. COVID-19 pandemi sürecinde hangi faktörler ruhsal sorunlara zemin hazırlamaktadır?
3. Salgınla mücadele kapsamında alınacak ruh sağlığı önlemleri neler olmalıdır?
4. Fiziksel mesafe kavramının toplum ruh sağlığındaki karşılığı nedir?
5. Sağlıkta damgalanmanın neden olduğu ruhsal sorunlar ve COVID-19 salgını ile mücadelede yarattığı zorluklar nelerdir?
6. Sağlık çalışanlarında salgın sürecinin tükenmişliğe etkisi nedir?
7. COVID-19 pandemi sürecinde sağlık çalışanlarında görülen ruhsal belirtiler nelerdir?
8. COVID-19 pandemisinde uzun vadede hangi ruhsal sorunlar beklenmektedir?

COVID-19 VE TOPLUM RUH SAĞLIĞINA ETKİLERİ:

Koronavirüs hastalığı (COVID-19) ilk olarak 2019 yılında Wuhan’da ortaya çıkmış ve 2020 yılının başlarında bütün Çin’e, sonrasında ise kısa sürede tüm dünyaya yayılmaya başlamıştır. Bu süreçte artan vakalar ve ölümler neticesinde hem sağlık çalışanlarında hem de halkta kaygı, stres ve depresif bozukluklar

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