

# 39.

## Bölüm

## ÇOCUKLARDA COVID-19

Şeyma KARATEKİN<sup>1</sup>

1. COVID-19 çocuklarda nasıl seyrediyor ? Her çocuk hastalığı ayakta atlatır mı ?
2. COVID-19 geçiren çocukların bekleyen tehlike nedir ?
3. Çocuklarda maske kullanımı nasıl olmalıdır ?
4. Bu süreçte çocukluk çağının aşlarını uygularken nelere dikkat etmeliyiz ?
5. Bu süreçte çocukların beslenmesi nasıl olmalıdır ? COVID-19 olan anneler bebeklerini emzirmeye devam edebilir mi ? Çocuklara takviye vitamin verilmeli midir ?

### GİRİŞ

COVID-19 yenidoğan ve adolesan dönemi de dahil olmak üzere 0-18 yaş arası tüm yaş gruplarında görülebilmektedir. Ancak çocukların hastalığın insidansı, klinik seyri, tanı yöntemleri ve tedavisi erişkinlerden birçok yönyle farklılık göstermektedir.

### EPİDEMİYOLOJİ, TANI VE TEDAVİ

Şu anki verilere göre, Amerika Birleşik Devletleri’nde vakaların %1.8’i 0-4 yaşıta, %8.1’i 5-17 yaş arasında görülmektedir. Çocuklarda, 5-17 yaş arası mortalite %0.1 olarak bildirilmiştir (1). Ülkemiz verilerine bakıldığında, 11 Mart-28 Haziran tarihleri arasında saptanan olguların %7.3’ü 15 yaş ve altı çocuklarda

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