

# GEBELİKTE DERİN VEN TROMBOZU

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## Giriş

Venöz tromboemboli (VTE) venöz dolaşım içerisinde bulunan kan pıhtılarını tarifler, bu pıhtılar derin bacak venlerinde oluştuğunda derin ven trombozu (DVT), pıhtıların akciğerlere ilerlediği durumlara ise pulmoner tromboembolizm (PE) adı verilmektedir. Her iki terim “tromboembolizm” kavramıyla ifade edilmektedir. Gebelik sürecinde venöz sistemdeki staz ve gebeliğin fizyolojik değişimleri nedeniyle VTE ihtimali sağlıklı gebelere kıyasla 4-5 kat artmaktadır <sup>(1)</sup>. Venöz tromboemboli ihtimali postpartum erken dönemde, özellikle ilk altı hafta, yaklaşık 80 kat kadar artmaktadır <sup>(2)</sup>. Sağlıklı genç kadınların gebeliklerinin küçük bir kısmı, yaklaşık 1/1000, VTE ile komplike olsa da gebelik süreci ve postpartum erken dönemde venöz staz ve emboli ihtimalinin artması sürecin iyi yönetilmi ve profilaksi protokollerinin uygulamasını gerektirmektedir. Bu bölümde gebelikte derin ven trombozu hakkında güncel bilgiler sunulmuştur.

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## Kaynaklar

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