

## 27. BÖLÜM

# YENİDOĞAN BEBEĞİN CANLANDIRMASI

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Yenidoğan bebeklerin % 90'ı doğum odasında olağan yenidoğan bakımı dışında desteğe ihtiyaç duymazlar. Bebeklerin % 10'u yenidoğan canlandırmasına, yaklaşık 1000'de 1'i de ileri canlandırmaya ihtiyaç duyarlar. Bu yüksek sıklık nedeniyle problem beklentisi olsun veya olmasın her doğum odasında yenidoğan bebeklere müdahale edebilecek şekilde eğitilmiş ve yetkilendirilmiş sağlık personeli hazır bulunmalıdır. Riskli bir annenin doğum öncesi bir üst merkeze nakil edilmesi her zaman mümkün olmadığından hastanede bebeklere müdahale edebilecek sertifikalı ekibin oluşturulması gerekir. Tüm doğumlarda primer sorumluluğu bebeğin bakımı olan, yenidoğan bebeği değerlendirebilecek, canlandırmanın başlangıç basamaklarını, gerektiğinde pozitif basınçlı ventilasyon ve göğüs kompresyonu yapma becerisi olan en az 1 kişi olmalıdır. Gerektiğinde bu kişi veya ihtiyaç halinde hemen ulaşılabilecek 2. bir kişi endotrakeal entübasyon ve ilaç uygulaması dahil canlandırmanın tüm basamaklarını yapabilecek bilgi ve tecrübeye sahip olmalıdır (1,2).

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