

## 20. BÖLÜM

# GEBELİKTE ADNEKSİYEL KİTLE

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### GİRİŞ

Kadın genital sisteminde adneks; over, tuba, broad ligaman ve içindeki yapıları kapsayan bir bölgedir. Adneksiyel kitleler klinik pratikte sık karşılaşılan patolojilerdir.

Gebelikte adneksiyel kitlelerin çoğu obstetrik ultrasonografi yapılırken saptanmaktadır(1). Gebelerde adneksiyel kitlelerin çoğu ilk ve ikinci trimesterde saptanmaktadır(2). Bu kitlelerin çoğu benign olsa da malign olma olasılığı göz önünde bulundurulmalıdır.

### SIKLIK

Gebelikte saptanan adneksiyel kitlelerin sıklığına dair veriler çok değişkendir. Ancak adneksiyel kitle ile komplike olan gebeliklerin insidansı %0.05 ile %2.4 arasında değişmektedir ve bunların yaklaşık %1 ile %6'sı maligndir(3). Gebelikte saptanan adneksiyel kitlelerin çoğu, saptandığı gebelik yaşı, kitlenin boyutu, histolojik tipi, fonksiyonel yapısına göre gerileme gösterir. İlk trimesterde saptanan adneksiyel kitlelerden basit kist olan 5 cm'den küçük kitlelerin çoğu kendiliğinden geriler(4).

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önerilmektedir. Çünkü bu bulgular malignite riskini arttırmaktadır. Bu adneksiyel kitlelerin rezeksiyonu, torsiyon, rüptür ve doğum eyleminin obstrüksiyonu gibi komplikasyonların riskini azaltmaktadır.

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