

15. Bölüm

İDİYOPATİK PULMONER FİBROZİS GENETİK VE GENOMİKLERİ

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GİRİŞ

İdiyopatik pulmoner fibrozis (İPF), kronik fibrotik ve akciğer fonksiyonlarında giderek artan azalma ile karakterize etiyolojik olarak karmaşık bir interstisyel akciğer hastalığıdır¹. İPF, sıklıkla orta yaşlı ve yaşlı erişkinlerde ortaya çıkar. Olağan interstisyel pnömoniye özgü bir histopatolojik veya radyolojik patern ile ilişkilidir². En sık karşılaşılan semptom ve bulgular; ilerleyen nefes darlığı, kuru öksürük, bibaziler velkro raller ve çomak parmak³. Uluslararası kılavuzlar, İPF tanısının, İAH'nin bilinen nedenlerinin dışlanması ve yüksek çözünürlüklü bilgisayarlı tomografi (HRCT) veya cerrahi akciğer biyopsisinde olağan bir usual interstisyel pnömoni (UIP) varlığını gerektiren çok disiplinli bir düzeyde yapılmasını önermektedir⁴. Traksiyon bronşektazisi olan veya olmayan bal peteği kistleri, subplevral tutulum ve baskın retikülasyon varlığında tek başına HRCT'ye dayanarak radyolojik bir 'kesin UIP' tanısı konulabilir ve cerrahi biyopsi ihtiyacını ortadan kaldırır⁵. Çok sayıda epidemiyolojik ve genetik çalışma, genetik ve

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