



## BÖLÜM | 32

# Aort Diseksiyonu ve Tedavi Yöntemleri

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### Giriş

Aort diseksiyonu (AD), aortik intimada oluşan yırtılma sonrasında bu yırtılmayı takiben ilerleyen kan akımının aort boyunca media tabakasını ayırması ve yalancı lümen oluşturması ile karakterize, hayatı tehdit edici durumların içinde en dramatik ve en mortal olanıdır. 1819 yılında Laennec'in anevrizma sonrasında oluşan yırtılma anlamında 'aort anevrizma diseksiyonu' terimi günümüzde yerini aortik diseksiyona bırakmıştır. Çünkü görülen aortik diseksiyon olgularında nadiren aortik anevrizma görülür. 1955'te DeBakey, bu hastalığın cerrahi tedavisinin temeli olan ilkelerin ana hatlarını çizdi. AD'nun medikal tedavisi ilk olarak 1960'larda gündeme geldi ve belirli diseksiyon türleri için halen endikasyon dahilindedir.(1)(2)(3)(4)

### Epidemiyoloji

Aortun en sık ölümcül patolojisi aort diseksiyonudur. AD erkeklerde daha sık görülür ve yaşla birlikte görülme sıklığı da artar. Yetersiz ve eksik bildirim nedeniyle insidans ve prevalansın belirlenmesi zordur. Buna rağmen ölüm oranı, yılda 100bin nüfus başına 1-5'tir. Hipertansiyon AD ile ilişkili en yaygın risk faktörüdür ve çoğu hastada görülür. AD olan tüm hastaların %18'inde kalp cerrahi öyküsü ve %14'ünde biküspit aort kapağı vardır.(4)(5) (6) AD olan hastaların aile öyküsü pozitif olabilir. Ateroskleroz ise diseksiyon yeri ile nadiren ilişkilidir.(7)

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