

10. BÖLÜM

Kleptomani (Patolojik Çalma Hastalığı)

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Kleptomani bir çalma ya da hırsızlık davranışdır. Diğer çalma davranışlarından farkı, bu davranışın bir psikiyatrik bozuklukla ilişkili olmasıdır. Bu durum dürtü denetiminin bozulduğu, tekrarlayıcı ve kontrol edilemez bir süreci tanımlamaktadır. Birey tarafından karşı konulması güç olan bir dürtü sonucu ortaya çıkar. Çalınanlar genellikle maddi değeri yüksek olmayan ve kişinin genellikle ihtiyacı bulunmayan nesnelerdir. Sürecin temelinde bir psikiyatrik bozukluk olması ve çalma davranışının aslında bu sürecin bir sonucu olması yanında tabloyu bireyin işlevselliğinin bozulduğu ve tedavisinin gerekli olduğu çok ciddi bir hastalık olarak görmek daha doğru olacaktır.

Bu bozukluğun uluslararası literatürde karşılığı “Kleptomania” olarak bilinmektedir. Türkçe olarak halen bir karşılığı bulun-

mamaktadır. Hem günlük konuşmalarda ve hem de Türkçe tıbbi literatürde İngilizce okunuşunun dilimize uyarlanmış şekli ile kullanılmaktadır. Ruhsal bozuklukların sınıflandırıldığı ve Amerikan Psikiyatri Birliği tarafından geliştirilmiş DSM el kitabının Türkçe çevirisinde de halen kleptomani olarak yer almaktadır. Türkçe bir köke sahip olmadığından, çoğunluk tarafından anlamı tam bilinmediğinden ve çoğu zaman da doğru şekilde kullanılmadığından, kullanımı da sınırlı kalmaya devam etmektedir. Bunun sonucu olarak bu bozukluğun doğru tanınması, toplum tarafından farkındalığı ve gerekli durumlarda tedavi arayışı da yetersiz kalmaktadır. Kleptomani terimi eski Yunanca’dan türetilerek kullanıma girmiştir ve çalma deliliği veya çalma çılgınlığı şeklinde bir anlam içermektedir. Dolayısı ile Türkçe bir karşılık olarak kelimenin kökenini de karşıla-

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