

İNME Lİ HASTALARDA İZOKİNETİK GÜÇLENDİRME EĞİTİMİ

**Fonksiyonel Parametreler
Yürüme ve Yaşam Kalitesi**

Yazar

Dr. Sıdık BÜYÜKVURAL ŞEN



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KISALTMALAR

6 dk YT	: 6 dakika yürüme testi
10 m YT	:10 m yürüme testi
BBS	: Berg denge skalası
MMT	: Mini mental test
RMI	: Rivermead mobilite indeksi
SVO	: Serebrovasküler olay
VKI	: Vücut kütle indeksi
MTY	: Merdiven tırmanma yeteneği
ZAKYT	: Zamanlı ayağa kalkma ve yürüme testi.
İSYKS	: İnmeye spesifik yaşam kalitesi skalası
FBÖ	: Fonksiyonel Bağımsızlık Ölçeği
MAS	: Modifiye Ashworth Skalası
PT	: Peak Torque
TÖ	: Tedavi Öncesi
TS	: Tedavi Sonrası

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