

2.1 HASTA DEĞERLENDİRMESİ VE RİSK YÖNETİMİ

Behiç GİRGIN¹

KARACİĞER NAKLİ ÖNCESİ PREOPERATİF DEĞERLENDİRMENİN ÖNEMİ

Karaciğer nakli öncesi preoperatif değerlendirme hem cerrahi başarının artırılması hem de perioperatif komplikasyonların önlenmesi açısından kritik bir aşamadır. Ancak bu yüksek riskli ve karmaşık süreçteki başarı, yalnızca cerrahi tekniklere değil, aynı zamanda preoperatif dönemdeki ayrıntılı değerlendirme ve hastanın optimizasyonuna bağlıdır. Bu değerlendirme, aday hastaların genel sağlık durumunun detaylı analiz edilmesini, potansiyel risklerin erken tanımlanmasını ve uygun yönetim stratejilerinin geliştirilmesini sağlar. Ayrıca, multidisipliner bir yaklaşımla yapılan preoperatif hazırlık süreci, cerrahi müdahale sırasında hemodinamik stabilitenin sağlanmasına ve postoperatif iyileşme sürecinin hızlanmasına katkıda bulunur. (Kanat Düzeyi: 1A, Öneri Düzeyi: Güçlü) (1). Bu nedenle, bu kılavuz hazırlanırken, preoperatif değerlendirme sürecinin sistematik bir çerçeveye oturtulması, nakil sonuçlarını iyileştirecek önemli bir adımı temsil etmektedir.

¹ Uzm. Dr., Ankara Bilkent Şehir Hastanesi, behicgirgin@gmail.com, ORCID iD: 0000-0003-3838-9886
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dirme yöntemlerinin kullanımı ve yeni nesil skorlama sistemlerinin geliştirilmesi, hasta yönetiminin daha hassas ve etkin bir şekilde yapılmasını sağlayacaktır.

Sonuç olarak, hasta değerlendirilmesi ve risk yönetimi, karaciğer naklinin başarı oranlarını doğrudan etkileyen, multidisipliner bir yaklaşımı ve kapsamlı bir değerlendirmeyi gerektiren kritik bir süreçtir. Bu süreç, sadece cerrahi öncesi hazırlığı değil, aynı zamanda cerrahi sonrası iyileşmeyi ve uzun dönem sağkalımı optimize ederek hasta yaşam kalitesini artırmayı hedeflemelidir. Bu bağlamda, risk değerlendirme protokollerinin geliştirilmesi ve klinik uygulamaların güncel kılavuzlarla desteklenmesi hem hasta güvenliği hem de cerrahi başarının artırılması için vazgeçilmezdir.

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