

BÖLÜM 1

DENTOALVEOLAR VE PERİÖRAL YUMUŞAK DOKU YARALANMALARI: TRAVMALAR VE RESTORATİF TEDAVİ YAKLAŞIMLARI

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GİRİŞ

Travmatik etkiler sonucunda alveol kemiği ve dişlerde meydana gelen hasarlar, acil müdahale gerektiren yaygın klinik tablolardır. Başarılı bir tedavi süreci, erken tanı ve zamanında uygulanan doğru tedavi protokolüne bağlıdır. Uygun tedavi planının, kesin tanı sonrasında gecikmeden başlatılması, olumlu klinik sonuçların elde edilmesinde belirleyici rol oynamaktadır (1-5).

Anamnez

Başarılı bir teşhis için anamnezin doğruluğu önemlidir. Hastaya ya da yakınlarına sorulması gereken sorular ve hasta ve hasta yakınlarından öğrenilmesi gereken bilgiler (6,14):

1. Travmaya uğramış kişinin adı, doğum yılı, ikamet yeri, iletişim bilgileri ve başka demografik verileri ivedilikle öğrenilmelidir.
2. Travmanın zamanlaması, anamnez sırasında mutlaka sorgulanması gereken temel unsurlardan biridir. Yapılan araştırmalar, özellikle avülse dişlerin erken reimplantasyonunun tedavi başarısını ve prognozu anlamlı ölçüde iyileştirdiğini göstermektedir. Benzer şekilde, kuron ve alveol kırıkları ile diş yer değiştirmelerine yönelik tedavilerde de erken müdahalenin olumlu etkileri bildirilmiştir.

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- **Kurutma:** Icon Dry (etanol bazlı kurutucu)
- **Rezin İnfiltrant:** Icon Infiltrant (UDMA esaslı düşük viskoziteli rezin)
- **Polimerizasyon:** LED ışık cihazı ($>1000 \text{ mW/cm}^2$)
- **Bitirme ve polisaj:** Diskler, silikon uçlar, cilalama pastaları

Avantajları ve Klinik Öneriler

- Minimal invazivdir; doku kaybı oluşturmaz.
- Estetik olarak çatlak hattını maskeleme konusunda son derece başarılıdır.
- Rezin infiltrasyonu sayesinde çatlak hattındaki ilerlemenin durdurulması mümkündür.
- Özellikle anterior bölgede estetik beklentileri yüksek olan hastalarda tercih edilir.
- Çatlağın derinliğine bağlı olarak tek başına yeterli olmayabilir; derin çatlaklarda kombinasyon tedavileri düşünülebilir (40).

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