

BÖLÜM 10

Orta ve Geç Çocukluk Döneminde Sosyoduygusal Gelişim

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GİRİŞ

Altı ile 12 yaş arasını temsil eden orta ve geç çocukluk dönemi, hızlı fiziksel ve psikolojik değişimler ile karakterize olan erken çocukluk ve ergenlik dönemleri arasında önemli bir köprü işlevi görmektedir (Voss vd., 2023). Dünyada 19 yaşın altındaki 2,6 milyar insanın 965 milyonu altı ila on iki yaş aralığında (United Nations, 2024) olmasına rağmen bu dönem hem “kayıp orta dönem” olarak adlandırılmakta; küresel sağlık sistemleri ve politikalarda ihmal edilmektedir (Voss vd., 2023) hem de çoğu araştırmanın erken çocukluk gelişimi veya ergenlik dönemine odaklanması nedeniyle gelişimin “unutulmuş yılları” olarak bilinmektedir (Mah ve Ford-Jones, 2012). Ancak, orta ve geç çocukluk dönemi, özellikle sosyal ve duygusal gelişimler açısından büyük bir potansiyel barındırmaktadır.

Orta ve geç çocukluk döneminde deneyimlenen sosyal ve duygusal gelişime odaklanan bu bölümde, öncelikli olarak benlik gelişimi ele alınacak; ardından akran ilişkilerindeki değişimler incelenecek ve son olarak aile ve okul ortamı ile ilişkili olan faktörler tartışılacaktır.

ORTA VE GEÇ ÇOCUKLUK DÖNEMİNDE BENLİK GELİŞİMİ

Kendini Anlama

Erken çocukluk döneminde çocuklar kendilerini dışsal fiziksel özellikler ile tanımlarken orta ve geç çocukluk dönemi ile birlikte kendilerini artık psikolojik özellikler bakımından değerlendirmeye ve tanımlamaya başlarlar (Bosacki, 2014; Harter, 2006; Lerner vd.,

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