

BÖLÜM 19

Gelişimde Çevre, Aile ve Okul

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GİRİŞ

Yaşanılan çevre ve toplum, bireyin gelişiminde yaşam boyu etkili bir unsurdur. Çevrenin birey gelişiminde etkisini açıklamaya yarayan Bronfenbrenner'in Ekolojik Sistemler Kuramı da, bireyin gelişiminin, aile gibi yakın çevresinden başlayarak kültür gibi daha geniş toplumsal yapılara kadar uzanan, birbiriyle ilişkili çevresel sistemler tarafından şekillendiğini açıklar. Ekolojik Sistemler Kuramı'na göre, bireyin davranışları ve kurduğu ilişkiler, onu kapsayan yakın ve uzak süreçler ile çoklu çevresel katmanlarla belirlenmektedir (Bronfenbrenner, 1979). Kuram, çoklu katmanların yanı sıra, zamanın önemine de dikkat çekmiş, yaşamsal ve gelişimsel geçişlerin ve tarihsel olayların bireylerin gelişimlerini nasıl şekillendirdiğini de vurgulamaktadır. Olumlu, sağlıklı ve güvenli sosyal ortamların, bireyin optimal gelişimi için önemli olduğu tespit edilmiştir. Bireylerin aile, okul ve işyeri gibi sistemlerden doğrudan; sosyal medya, politikalar ve sunulan çevresel kaynaklardan ise dolaylı olarak etkilendiği savunulmuştur. Dinamik çevresel etkileşimin, bireyler üzerinde ne kadar önemli bir etkiye sahip olduğu ve bunun karşılığında bireylerin de çevrelerini etkileyebilecekleri fikri ortaya atılmıştır.

Bronfenbrenner'in kuramındaki beş sistemin merkezinde bulunan birey, ilk olarak *mikro sistem*den, yani en yakın çevresi olan anne-baba, aile, arkadaşları, akrabaları, okulu ve sunulan sağlık hizmetlerinden; sonrasında ise mikro sistemi çevreleyen ve "birçok mikro sistemin bileşimi olan bir mikro sistemler sistemi" olarak ifade edilen *mezo sistem*den etkilenmektedir. Anne-baba arasındaki ilişkinin bireyleri etkilemesi, aile-okul etkileşiminin çocuğu etkilemesi, mezo sistemin etkilerine örnek olarak verilebilir. Bir sonraki çevresel katman olan *egzo sistem*, ebeveynlerinin iş yeri, mahalle, komşular, medya ve

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Bronfenbrenner'in Ekolojik Sistemler Kuramı, bireylerin gelişiminde etkili olan tüm çevresel sistemleri ve bu sistemlerin birbirleriyle olan etkileşimlerini kapsamlı bir biçimde ele almaktadır. İnsan gelişimi çok katmanlı bir yapıda gerçekleşmekte olup, bireyin içinde bulunduğu bağlamsal çevreler ile bu çevrelerin zaman içerisindeki değişimi dikkate alınmadan sağlıklı bir değerlendirme yapmak mümkün değildir. Bu bölümde, bireylerin yaşamları boyunca geçirdiği gelişimsel süreçler; aile, okul ve yakın çevre başta olmak üzere, gelişime doğrudan ve dolaylı etki eden sistemler çerçevesinde incelenmiş ve bu sistemler arasındaki etkileşimler açıklanmıştır. Söz konusu yaklaşım, bireyin sadece bireysel özellikleriyle değil, aynı zamanda sosyal ve kültürel bağlamla sürekli bir etkileşim içinde olduğunu temel alan bütüncül bir perspektif sunmaktadır.

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