

BÖLÜM 13

ORTODONTİDE SINIF III KAMUFLAJ SINIRLARI

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SINIF III KAMUFLAJ TEDAVİSİ: GENEL BAKIŞ VE SINIRLAR

İskeletsel Sınıf III maloklüzyonların tedavi zamanlaması konusunda farklı görüşler bulunmaktadır(1). Bazı yazarlar erken dönemde tedaviye başlanmasının oklüzal ilişkileri düzeltme, deformitenin şiddetini azaltma ve psikososyal gelişime katkı sağlama açısından avantajlı olduğunu savunurken (1–3), bazı çalışmalar erken ve ileri dönem tedavi arasında anlamlı fark göstermemiştir (4,5). Bununla birlikte, pubertal büyüme sonrası mandibular prognatizmin yeniden ortaya çıkabileceği ve ikinci tedavi gereksinimi doğabileceği belirtilmiştir (6). Ayrıca, kullanılan fonksiyonel apareylerin başarısının, Sınıf II maloklüzyonlarda uygulanan fonksiyonel apareylerde olduğu gibi, büyük ölçüde hasta kooperasyonuna bağlı olduğu bildirilmektedir(7). Bu farklılıklar, yalnızca tedavi zamanlamasını değil, aynı zamanda uygulanacak tedavi yönteminin seçiminde de belirleyici olmaktadır. Sınıf III maloklüzyonların tedavisinde yaklaşım; iskeletsel bozukluğun şiddetine, hastanın yüz estetiğine ve beklentilerine göre şekillenir (8,9). Hafif-orta düzeyde bozukluklarda, yüz profilinden memnun olan veya cerrahi istemeyen hastalarda kamuflaj tedavisi, cerrahiye alternatif olarak tercih edilebilmektedir (8–10).

Kamuflaj tedavisi, hafif ile orta derecede iskeletsel uyumsuzluk gösteren ve yüz profilinin estetik açıdan kabul edilebilir olduğu hastalarda uygulanabilen bir tedavi alternatifidir. Bu yaklaşım, büyüme ve gelişimini tamamlamış bireylerde, ortognatik cerrahiye gerek duyulmadan iskeletsel uyumsuzluğun dentoalveoler düzeyde kompanse edilmesini hedefler(11,12).

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Bu kriterleri karşılayan hastalarda, ön çapraz kapanış tedavisinin yaklaşık %90 oranında stabil olduğu bildirilmiştir.

SONUÇ

Sınıf III iskeletsel maloklüzyonun kamuflaj tedavisi ile yönetimi, dikkatli vaka seçimi ve bireysel hasta özelliklerinin ayrıntılı değerlendirilmesini gerektirir. Bu karar sürecinde; iskeletsel uyumsuzluğun derecesi, yumuşak doku profili, kesici diş angulasyonları, nasolabial açı, ön yüz oranları, periodontal durum ve özellikle mandibular büyüme potansiyeli gibi parametreler göz önünde bulundurulmalıdır.

Cerrahiye hazırlık gerektirmeyen bu yaklaşımda, farklı ortodontik teknikler kullanılarak dental kompanzasyon hedeflenir. Maksiller dişlerin mezializasyonu ve mandibular arkın distalizasyonu bu tedavinin temel mekanizmalarını oluşturur. Bu hedeflere ulaşmak için intermaksiller elastikler, diş çekimli yaklaşımlar (özellikle alt premolar, kesici veya molar çekimleri), yüz maskesi, iskeletsel ankraj aygıtları gibi çeşitli stratejiler kullanılabilir. Uygun teknik seçimi; alt yüz yüksekliği, dental çapraşıklık miktarı, mandibular düzlem açısı ve hasta kooperasyonu gibi faktörlere bağlıdır.

İskeletsel ankraj sistemleri (mini vidalar ve mini plaklar), hasta kooperasyonunun düşük olduğu durumlarda sürekli ve kontrollü kuvvet uygulama imkânı sunarak kamuflaj tedavisinin etkinliğini artırır.

Sınıf III kamuflaj tedavisi, günümüzde hâlâ ortodontistler için zorluklar barındıran bir yaklaşım olsa da; doğru hasta seçimi, uygun biyomekanik planlama ve stabiliteyi destekleyen uygulamalar ile başarılı sonuçlar elde edilebilir. Tedavi sonrası stabilite için, büyümenin tamamlanmış olması, ideal overjet/overbite ilişkisi ve fonksiyonel interkuspidasyonun sağlanması büyük önem taşımaktadır.

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