

BÖLÜM 11

İMLANT ÜSTÜ PROTEZLERDE İMMEDİAT YÜKLEME

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GİRİŞ

Diş kayıplarının dental implantlar ve implant destekli restorasyonlar aracılığıyla rehabilitasyonu, uzun süredir klinik pratiğe yerleşmiş, güvenilirliği bilimsel çalışmalarla kanıtlanmış bir tedavi yöntemidir(1). Osteointegre dental implantlar, tam dişsiz hastalarda stabil ve fonksiyonel bir protez desteği sağlamaktadır. Ancak implant tedavisinin başlıca dezavantajlarından biri, osteointegrasyon süreci boyunca belirli bir iyileşme süresinin gerekmesi ve bu sürecin hastalar açısından tedavi süresini uzatarak memnuniyeti olumsuz etkileyebilmesidir(2,3).

Diş çekimini takiben implant yerleştirme sürecine ilişkin yaklaşımlar zaman içerisinde önemli değişiklikler göstermiştir. 1980'li yılların ortalarında, osseointegrasyonun sağlanabilmesi amacıyla implantların yerleştirilmesi ve protetik yükleme işlemi genellikle 12 aya kadar ertelenmekteydi. Ancak implant yüzey teknolojilerindeki ilerlemeler ve hasta beklentilerindeki artış, diş çekimi ile restorasyonun uygulanması arasındaki sürenin kısaltılmasına olanak tanımıştır. Bu gelişmelere paralel olarak, 'immediat implant yerleştirme' kavramı ortaya çıkmış ve bu doğrultuda çeşitli yükleme protokolleri geliştirilmiştir (Şekil 1). Gallucci ve arkadaşlarının(4) çalışmaları ile desteklenen son ITI (International Team for Implantology) konsensüs raporunda implant yükleme protokolleri; geç yükleme, konvansiyonel yükleme, erken yükleme ve immediat yükleme olarak sınıflandırılmıştır.

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