

AĞRILI HASTAYA YAKLAŞIM

Yazar

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Prof. Dr. Umut Yücel Çavuş



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UYARI

Bu üründe yer alan bilgiler sadece lisanslı tıbbi çalışanlar için kaynak olarak sunulmuştur. Herhangi bir konuda profesyonel tıbbi danışmanlık veya tıbbi tanı amacıyla kullanılmamalıdır. Akademisyen Kitabevi ve bağlı şirketleri, yazarları, katılımcıları, partnerleri ve sponsorları ürün bilgilerine dayalı olarak yapılan bütün uygulamalardan doğan, insanlarda ve hayvanlarda yaralanma ve/veya hasarlardan sorumlu değildir. İlaçların veya başka kimyasalların reçete edildiği durumlarda, tavsiye edilen dozunu, ilacın uygulanacak süresi, yöntemi ve kontraendikasyonlarını belirlemek için, okuyucuya üretici tarafından her ilaca dair sunulan güncel ürün bilgisini kontrol etmesi tavsiye edilmektedir. Dozun ve hasta için en uygun tedavinin belirlenmesi, tedavi eden hekimin hastaya dair bilgi ve tecrübelerine dayanak oluşturması, hekimin kendi sorumluluğundadır. Akademisyen Kitabevi, üçüncü bir taraf tarafından yapılan ürüne dair değişiklikler, tekrar paketlemeler ve özelleştirmelerden sorumlu değildir.

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ÖNSÖZ

Bu eserde, acil servislerde ağrılı hastaya yaklaşımı, verilen tedavi etkinliğini ve hasta memnuniyeti araştıran bir tez çalışmasının sonuçları esas alınarak genel olarak ağrının özelliğinden, ağrılı hastaya yaklaşımda kullanılabilir metodlar ve tedavide kullanılabilir ağrı kesici ajanlardan bahsedilmiştir. Ağrılı hasta yaklaşımında günlük pratikte bu eserin katkı sunacağını umuyorum.

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KISALTMALAR

- ASA** : Asetilsalisilik asit
ACh : Asetilkolin
ACTH : Adrenokortikotropik hormon
ADH : Antidiüretik hormon
BPI : Brief Pain Inventory (Kısa Ağrı Envanteri)
cAMP : Siklik Adenozin Monofosfat
CO₂ : Karbondioksit
Cl⁻ : Klorür
COX : Siklooksijenaz
COX-1 : Siklooksijenaz-1
COX-2 : Siklooksijenaz-2
DOR : Delta reseptörü
GİS : Gastrointestinal sistem
GnRH : Gonadotropin salgılatıcı hormon
HHA : Hipotalamus-hipofiz-adrenal
IASP : International Association for the Study of Pain
(Uluslararası Ağrı Araştırmaları Derneği)
IV : İntravenöz
İM : İntramüsküler
KOR : Kappa reseptörü
LC : Locus ceruleus
MOR : mü reseptörü
M3G : Morfin-3-glukuronid
M6G : Morfin-6-glukuronid

Kısaltmalar

- NOR** : Nosisepsiyon reseptörü
NSAİİ : Non steroid antienflamatuar ilaç
NRS : Numeric Rating Scale (Sayısal Derecelendirme Skalası)
NK : Doğal öldürücü
NE : Norepinefrin
NOWS : Neonatal opioid yoksunluk sendromu
NO : Nitrik oksit
OİBD : Opioid kaynaklı bağırsak disfonksiyonu
PDMP : Prescription Drug Monitoring Programs
(Reçeteli İlaç İzleme Programları)
PG : Prostaglandin
PGG : Prostaglandin G
PGH : Prostaglandin H
PGI₂ : Prostatiklin
PPI : Proton Pompası İnhibitörü
REM : Rapid Eye Movement (Hızlı Göz Hareketi)
SIADH : Uygunsuz ADH Salgılanma Sendromu
TXA₂ : Tromboksan A₂
VPL : Ventral posterolateral
YBÜ : Yoğun Bakım Ünitesi
ZOR : Zeta reseptörü
4-MAA : 4-metilamino antipirin

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