

# **KÜRESEL SAĞLIKTA NANOTEKNOLOJİ**

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## BÖLÜM 1

### NANO FARMAKOLOJİ VE TEK SAĞLIĞA GİRİŞ

Ayhan FİLİZ<sup>1</sup>

#### GİRİŞ

Nanoteknoloji terimi 1965 yılı Nobel Fizik Ödülü'nü kazanan Richard Feynman tarafından ilk kez 1959 yılında kullanılmıştır. Bununla beraber çığır açıcı bu yeni teknoloji ancak 21. yüzyılda insan yaşamının neredeyse tam odağına yerleşmeyi başarmıştır (1). Akıllı nesneler oluşturmak için malzemelerin moleküler yapısını değiştiren nanoteknoloji ve onun mikroskopik evreni, çağdaş bilim ve endüstri için devasa olanaklar sunmaktadır. Kanser hücreleriyle savaşan görünmez parçacıklar, daha az enerji tüketen daha hızlı mikroişlemciler, 10 kat daha uzun ömürlü piller veya iki kat daha fazla enerji üreten güneş panelleri gibi bir sonraki endüstriyel devrime dönüşmek için tüm bileşenlere sahip bu disiplin enerji, elektronik, biyotip, çevre, gıda ve tekstil gibi neredeyse her alanda kullanılmaktadır (2).

Hastalığın teşhisini, kontrollü, önlenmesi ve tedavisi için nanopartiküllerin (NP'ler) incelenmesi ise “nanotip” olarak bilinir. Nanotipta ilaçlar, teşhis kitleri ve tedavide kullanılan aktif maddeler seçici bir şekilde hedef bölgeye iletilmek üzere nanomalzemelerden yararlanır. Nanotipta kullanılan araçlar nanoterapötikler, nanodiagnostikler, tasarlanmış nanocihazlar, nanoyapılar ve nanomedikal cihazlardır. Bu teknolojiler biyolojik sistemlerin moleküler veya atom düzeyinde izlenmesini, kontrolünü, onarımını ve yeniden yapılandırmasını sağlarlar (3).

Nanofarmakoloji ise tedavinin etkinliğini artırmak, istenmeyen etkileri azaltmak ve belirli bölgelere göre düzenlenmiş, hedefli ilaç dağıtımını sağlamak

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Sağlık'ın temel ilkelerine ve hedeflerine ulaşmak için güçlü bir araç olarak hızmet edebilir. İnsanların, hayvanların ve çevrenin bütünlük ve sürdürülebilir sağlığına katkıda bulunma potansiyeline sahiptir. Nanofarmakoloji, zoonotik hastalıklar, antibiyotik direnci ve çevre sağlığı gibi temel Tek Sağlık önceliklerinin ele alınmasında önemli bir rol oynayabilir.

Tek Sağlık yaklaşımı, insan, hayvan ve çevre sağlığını bir bütün olarak ele alırken, nanofarmakoloji bu alanlarda yenilikçi, hedeflenmiş ve sürdürülebilir tedavi ve teşhis yöntemleri sunar. Nanoteknolojinin güvenlik ve etkililik değerlendirmeleri Tek Sağlık perspektifinde uyumlu hale getirilerek hem sağlık hem de çevresel risklerin azaltılmasına katkı sağlar. Böylece, Tek Sağlık ve nanofarmakoloji birbirini tamamlayan ve güçlendiren disiplinler olarak, sağlık alanında daha entegre ve etkili çözümler geliştirilmesine olanak tanır.

Sonuç olarak, karmaşık küresel sağlık sorunlarının etkili bir şekilde ele alınması için Tek Sağlık çerçevesinde nanofarmakolojinin sürekli araştırılması, geliştirilmesi ve sorumlu bir şekilde uygulanması büyük önem taşımaktadır. Bu yakınlaşmanın faydalarını en üst düzeye çıkarmak ve risklerini en aza indirmek için disiplinlerarası iş birliği, etik hususlar ve sağlam düzenleyici çerçeveler gereklidir.

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## BÖLÜM 2

# NANOPARTİKÜLLER: SENTEZ, KARAKTERİZASYON VE GÜVENLİK DEĞERLENDİRMESİ

Ayşegül OĞLAKÇI İLHAN<sup>1</sup>

### NANOPARTİKÜLLERİN TANIMI VE ÖNEMİ

Nanoteknoloji, maddeyi nanometre ölçüünde manipüle etme ve kontrol etme bilimi olarak, 21. yüzyılın en dönüştürücü teknolojik atılımlarından biri olarak kabul edilmektedir (1). Bu alandaki en temel ve kritik bileşenlerden biri olan NP'ler, geleneksel materyallerin kütlesel özelliklerinden farklılaşan benzersiz fiziksel, kimyasal ve biyolojik özellikler sergilemeleri nedeniyle bilimsel ve teknolojik ilginin odağı haline gelmiştir. NP terimi, literatürde çeşitli şekillerde tanımlanmış olsa da genel kabul görmüş tanım, en az bir boyutu 1-100 nm aralığında olan ve bulk materyalden farklı özellikler gösteren kolloidal partiküler için kullanılmaktadır. Boyutlarının 1 ile 100 nanometre arasında olması, onlara yüksek yüzey alanı/hacim oranı, artan reaktivite, benzersiz optik ve manyetik özellikler gibi yeni fonksiyonellikler kazandırmaktadır (2). Bu özellikler, NP'leri, özellikle küresel sağlık bağlamında, hastalık teşhisinden tedaviye, ilaç dağıtımından tıbbi görüntülemeye kadar geniş bir yelpazede yenilikçi çözümler sunan önemli bilesenler haline getirmiştir.

Nanoteknolojinin en dönüştürücü uygulama alanlarından biri, şüphesiz sağlık ve tıp sektörüdür. Geleneksel farmasötik yaklaşımın karşılaştığı zorluklar; örneğin düşük biyo-yararlanım, sistemik toksisite, hedef dışı dağılım ve hücre içi penetrasyon yetersizlikleri gibi problemler, NP tabanlı sistemlerin geliştirilmesiyle aşılabilmektedir (3). NP'ler, ilaçları koruyarak kararlılıklarını artırabilir,

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dir. Bu yaklaşım, toksisite potansiyelini minimize ederken, fonksiyonel özelliklerin korunmasını hedefler.

- » Boyutun Kontrolü: Biyolojik bariyerleri aşma ve hücre alım mekanizmaları üzerinde doğrudan etkisi olduğundan, belirli bir boyutta toksisiteyi minimize etmek.
- » Yüzey Modifikasyonu: Yüzeyin biyoyumlu polimerlerle (örneğin, PEGilasyon) kaplanması, protein tacı oluşumunu azaltarak immün sistem temizlenmesini ve toksisiteyi düşürebilir.
- » Kimyasal Bileşim ve Çözünürlük: Daha az toksik elementlerin seçilmesi veya vücutta kolayca bozunabilen, non-toksik bileşenlere ayrılan malzemelerin kullanılması.
- » Reaktivite ve Oksidatif Stres Potansiyelinin Azaltılması: ROS üretimini tetikleme potansiyeli düşük materyallerin tercih edilmesi (72).

## SONUÇ

Bu bölümde, NP'lerin biyomedikal alandaki geniş potansiyeli, sentez yöntemleri, detaylı karakterizasyon teknikleri ve biyolojik sistemlerle etkileşimleri ele alınmıştır. NP'lerin kendine özgü boyut ve yüzey özellikleri, onları hedefli ilaç dağıtımından tanışal görüntülemeye kadar birçok uygulama için ideal kılmaktadır. Ancak, bu yenilikçi materyallerin klinik başarıya ulaşabilmesi için, sentezden karakterizasyona, biyolojik etkileşimlerin anlaşılmasıından güvenlik profillerinin belirlenmesine kadar uzanan titiz bir bilimsel süreç gereklidir.

Gelecekte, NP teknolojileri, kişiselleştirilmiş tıp ve hassas tanı gibi alanlarda çığır açma potansiyeline sahiptir. Ancak bu potansiyeli tam anlamıyla gerçekleştirebilmek için, disiplinlerarası yaklaşımlarla hem etkinliği yüksek hem de maksimum güvenlik sağlayan NP sistemlerinin gerekmektedir.

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## BÖLÜM 3

### TEŞHİSTE NANOTEKNOLOJİ

*Sinem PEHLİVAN<sup>1</sup>  
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#### GİRİŞ

Nanoteknoloji, maddeleri çok küçük ölçeklerde inceleyen bir bilim alanıdır. Bu ölçekte malzemeler, daha büyük ölçeklerdeki farklılıklar gösteren fiziksel, kimyasal ve biyolojik özellikler sergileyebilir. Örneğin, nanoyapılı malzemeler daha güçlü, kimyasal olarak daha reaktif veya daha iyi elektrik ve ısı iletken özellikler sergileyebilir (1-3). Nanoskaladaki ürünlerin kendine özgü özellikleri ve davranışsal farklılıklarını, birçok bilim dalının ve endüstri alanının dikkatini çekmiştir ve günümüzde birçok disiplinde nanometrik düzeydeki uygulanmalarla yönelik ciddi çalışmalar sürdürmektedir (4-6). İyi tasarlanmış, güvenli, çevreci, uzun ömürlü ve akıllı ürünler sunması sayesinde nanoteknoloji, biyolojik araştırmalarda da kullanılabilecek sistemlerin geliştirilmesine, nanomalzemeler ve nanoskaladaki teknolojilerin oluşturulmasına olanak tanır.

Nanoteknoloji alanında kullanılan malzemeler mevcut bir ürüne eklenerek kompozit nesnenin genel performansını artırabileceği gibi doğrudan kendi başına güçlü cihazların oluşturulmasında da kullanılabilir. Bu avantajları nedeniyle nanomalzemeler, tıp alanında, hastalıkların hızlı ve doğru bir şekilde tespit ve tedavisi için potansiyele sahip malzemeler olarak karşımıza çıkmaktadır. Nanomalzemelerin kullanımı hastalıkların tanısında yalnızca görüntüleme teknik-

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patmaya ve daha ileri düzey, etkili tıbbi uygulamaların yolunu açmaya adaydır. Nanotıbbın potansiyeli büyütür; ancak bu potansiyelin uygun ve dengeli bir şekilde kullanılması, gelecekteki sağlık sistemlerinin sürdürülebilirliği açısından hayatı öneme sahiptir.

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## BÖLÜM 4

### NANO-FARMASÖTİKLER

İlker ŞİMŞEK<sup>1</sup>

#### GİRİŞ

Nanofarmasötik, nanometre boyutundaki partiküllerin farmasötik uygulamalarda kullanımını kapsayan multidisipliner bir bilim dalıdır (1). Bu alan, malzeme bilimi, farmakoloji, tıp ve mühendislik disiplinlerinin bir araya gelmesiyle ortaya çıkan yenilikçi bir yaklaşım olarak tanımlanmaktadır. Nanometre ölçüdeki (1-100 nm) partiküller, geleneksel ilaç formülasyonlarının sınırlarını aşarak, hedeflenmiş ilaç taşıma, kontrollü salım ve gelişmiş biyoyararlanım gibi benzersiz avantajlar sağlamaktadır (2). Nanofarmasötikler geleneksel tedavi ve teşhis ajanlarında bulunan bazı sınırları aşabilmek için kullanılabilmektedir. Bu nano ölçekli bileşiklerin potansiyel faydaları arasında azaltılmış terapötik toksisite, uzatılmış ürün ömrü ve genel sağlık harcamalarının azaltılması yer alır. Kanser, diyabet, ağrı, astım, alerjiler, enfeksiyonlar ve daha fazlası dahil olmak üzere hastalıkların tedavisi için son yıllarda bazı nanopartikül (NP) bazlı terapötik ve tanışal ajan yaratılmıştır (3).

Organik NP'ler proteinlerden, karbonhidratlardan, lipitlerden, polimerlerden veya diğer organik bileşiklerden oluşur. Bu sınıfın en belirgin örnekleri dendrimerler, lipozomlar, miseller ve ferritin gibi protein kompleksleridir. Bu NP'ler tipik olarak toksik değildir, biyolojik olarak parçalanabilir. Organik NP'ler ısı ve ışık gibi termal ve elektromanyetik radyasyona duyarlıdır. İnorganik NP'ler karbon veya organik malzemelerden yapılmayan NP'leri içerir. Bu sınıfın tipik örnekleri metal, seramik ve yarı iletken NP'lerdir. Metal NP'ler tamamen

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ilaç dağıtım yöntemlerinin sınırlarını aşarak, hedefli tedavi yaklaşımlarında yeni ufuklar açmıştır. Lipit nanopartiküller, polimerik nanopartiküller, dendrimerler ve karbon nanotüpler gibi çeşitli nanofarmasötik formülasyonlar, ilaçların biyoyararlanımını artırırken yan etkileri minimize etmektedir.

Kanser tedavisinden enfeksiyöz hastalıklara, nörolojik bozukluklardan kariyovasküler hastalıklara kadar geniş bir yelpazede uygulama alanı bulan nanofarmasötikler, özellikle kan beyin bariyerini geçme ve hücresel hedefe özgü ilaç salımı konularında büyük başarı göstermiştir.

Gelecekte, yapay zeka ile desteklenen nanofarmasötik tasarımlar, gerçek zamanlı ilaç salımı ve teranostik (tanı+tedavi) uygulamalarla, tıp alanında çığır açıcı gelişmelere imza atacağı düşünülmektedir.

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# BÖLÜM 5

## NANOTEKNOLOJİ VE ANTİMİKROBİYAL DİRENÇ

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### GİRİŞ

Antimikrobiyal direnç (AMD), 21. yüzyılın en ciddi küresel sağlık tehditlerinden biri olarak karşımıza çıkmaktadır. Dünya Sağlık Örgütü (DSÖ) tarafından “küresel sağlık için en acil tehditlerden biri” olarak tanımlanan bu durum, mikroorganizmaların geleneksel antimikrobiyal ajanlara karşı geliştirdiği doğal veya kazanılmış direnç mekanizmalarını ifade etmektedir (1). Yapılan projeksiyonlar, AMD'nin 2050 yılına kadar küresel ölçekte 39 milyondan fazla ölüme neden olabileceğini ve ekonomik maliyetlerin trilyon dolarları bulabileceğini göstermektedir (2).

Geleneksel antibiyotiklerin etkinliğinin azalması ve yeni antibiyotik geliştirme sürecinin uzun ve maliyetli olması, alternatif antimikrobiyal stratejilerin arayışını hızlandırmıştır. Bu bağlamda nanoteknoloji, benzersiz fizikokimyasal özellikleri ve çoklu etki mekanizmaları sayesinde AMD sorununa yenilikçi çözümler sunma potansiyeli taşımaktadır. Nanopartikül (NP)'ler, geleneksel antibiyotiklerden farklı olarak, mikroorganizmaların tek bir hedef noktasını değil, aynı anda birden fazla hücresel bileşeni etkileyerek çoklu antimikrobiyal etki gösterebilmektedir (3). Bu mekanizmalar arasında reaktif oksijen türlerinin (ROS) üretimi yoluyla oksidatif stres induksiyonu, hücre membranının doğrudan tahribatı, metal iyon salınımı ve kritik enzimatik sistemlerin inhibisyonu yer almaktadır (4).

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te endişeleri, ölçülebilir ve standartlaştırılmış üretim zorlukları, biyo-nano etkileşimlerinin karmaşıklığı, düzenleyici onay süreçlerindeki belirsizlikler ve maliyet-etkinlik gibi önemli engeller bulunmaktadır. Bu zorlukların aşılması, "güvenli tasarım" ilkelerinin benimsenmesi, kapsamlı güvenlik ve etkinlik değerlendirmeleri, uzun vadeli çalışmalar ve farklı disiplinlerden uzmanların (kimya-gerler, biyologlar, malzeme bilimciler, tıp doktorları, mühendisler, toksikologlar ve düzenleyici otoriteler) yakın iş birliğini gerektirmektedir.

Sonuç olarak, nanoteknoloji, AMD gibi karmaşık bir küresel sağlık sorununa karşı mücadelede vazgeçilmez bir araç olma potansiyeline sahiptir. Bilimsel ve teknolojik ilerlemelerin devam etmesi, sorumlu bir inovasyon anlayışının benimsenmesi ve uluslararası iş birliğinin güçlendirilmesiyle, nanoteknolojinin sunduğu bu eşsiz fırsatlar, AMD'nin yıkıcı etkilerini azaltmada ve gelecekteki pandemilere karşı daha hazırlıklı olmamızda kilit bir rol oynayacaktır. Nanoteknolojinin antimikrobiyal alandaki vaatleri, mevcut terapötik boşluğu doldurma ve insan sağlığını koruma yolunda yeni ufuklar açmaktadır.

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# BÖLÜM 6

## ZOONOTİK HASTALIKLAR VE NANOTEKNOLOJİ

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### GİRİŞ

Zoonotik hastalıklar, hayvanlardan insanlara veya insanlardan hayvanlara doğrudan ya da dolaylı yolla bulaşabilen enfeksiyonlardır ve küresel sağlık açısından ciddi tehditler oluşturmaktadır. Dünya Sağlık Örgütü'ne göre, insanlarda görülen bulaşıcı hastalıkların yaklaşık %60'i, son yıllarda ortaya çıkan yeni enfeksiyonların ise %75'i zoonotik kökenlidir (1). Veba, kuduz ve şarbon gibi tarihsel öneme sahip hastalıkların yanı sıra SARS, MERS, Ebola, Zika ve COVID-19 gibi güncel zoonotik salgınlar; insan sağlığının yanı sıra hayvancılık, gıda güvenliği, çevresel sürdürülebilirlik ve küresel ekonomi üzerinde de derin etkiler yaratmıştır. Nitekim yalnızca COVID-19 pandemisinin dünya ekonomisine maliyetinin 16 trilyon doları aşığı tahmin edilmektedir (2). Küreselleşme, iklim değişikliği, kentleşme, artan dünya nüfusu ve habitat tahribi gibi dinamikler, hem mevcut zoonotik etkenlerin yayılmasını kolaylaştırmakta hem de yeni patojenlerin ortaya çıkma riskini artırmaktadır (3).

Bu küresel tablo, bulaşıcı hastalıkların yönetiminde daha yenilikçi ve bütüncül teknolojik çözümlere duyulan ihtiyacı ortaya koymaktadır. Bu noktada nanoteknoloji; tanı, tedavi, kontrol ve önleme stratejilerinde devrim niteliğinde

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dahaleleri mümkün kilacaktır (97). Ayrıca yapay zeka ve büyük veri analitiği ile entegre çalışan nanobiyosensör sistemlerinin, zoonotik patojenlerin erken tespiti ve olası salgınların öngörülmesinde kritik rol oynaması beklenmektedir (98). mRNA temelli nano aşılar ile uyarana-duyarlı (stimuli-responsive) nanoparçacıkların kullanımı, enfeksiyon bölgесine spesifik bağışıklık yanıtını oluşturma potansiyeli sayesinde daha etkili ve hedeflenmiş korunma sağlamaktadır (99). Ancak bu gelişmelere paralel olarak, çevresel sürdürülebilirlik, biyogüvenlik, etik kullanım ilkeleri ve düzenleyici çerçevelerin güçlendirilmesi, nanoteknolojinin geniş çapta uygulanabilirliği açısından öncelikli araştırma alanları olarak ele alınmalıdır. Nanoteknolojik uygulamaların sağlık ve çevre üzerindeki potansiyel etkilerinin bütüncül şekilde değerlendirilmesi, güvenli ve sorumlu kullanımın temelini oluşturacaktır (100).

## SONUÇ

Zoonotik hastalıklar, küresel sağlık güvenliğini tehdit eden en önemli bulaşıcı hastalık gruplarından biridir ve bu tehdidin kontrol altına alınması multidisipliner, yenilikçi yaklaşımları zorunlu kılmaktadır. Nanoteknoloji; zoonozların tanı, tedavi, aşı geliştirme, enfeksiyon kontrolü, çevresel yayılının önlenmesi ve gıda güvenliğinin sağlanmasında önemli fırsatlar sunmaktadır. Nanobiyosensörler, taşıyıcı sistemler, antimikrobiyal nanoparçacıklar ve çevresel arıtma teknolojileri gibi uygulamalar sayesinde hem insan hem de hayvan sağlığını merkeze alan “Tek Sağlık” yaklaşımı somut biçimde desteklenebilmektedir. Ancak bu teknolojilerin yaygınlaştırılması sürecinde; maliyet-etkinlik analizi, çevresel toksisite, biyobirim, etik ve yasal düzenlemeler gibi faktörlerin dikkate alınması büyük önem taşımaktadır. Gelecekte, sürdürülebilir ve sorumlu nanoteknolojik uygulamaların geliştirilmesi, zoonotik hastalıkların kontrolünde daha etkili, entegre ve dayanıklı sağlık sistemlerinin kurulmasına katkı sağlayacaktır.

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## BÖLÜM 7

### GIDA GÜVENLİĞİ VE NANOTEKNOLOJİ

Özgür KUZUKIRAN<sup>1</sup>  
Ayhan FİL AZI<sup>2</sup>

#### GİRİŞ

Dünya Sağlık Örgütü (DSÖ) gıda güvenliğini, gıda kaynaklı hastalıklara yol açan mikrobiyal patojenler, toksinler ve kimyasal kontaminantların kontrol altına alınması olarak tanımlamaktadır. Dolayısıyla gıda güvenliği denilince tüketici sağlığını korumak amacıyla gıdaların üretim, işleme, depolama, dağıtım ve tüketim aşamalarında fiziksel, kimyasal ve biyolojik tehlikelerden arındırılmış olmasının sağlanması anlaşılmaktadır. Gıda güvenliği, küresel sağlık açısından da kritik bir öneme sahiptir. Her yıl yaklaşık olarak 600 milyon kişi yediği gıdalar nedeniyle hastalanmakta ve 420 bini ölmektedir (1).

Gıda tedarik zincirlerinin giderek küreselleşmesi ve karmaşıklaşması, kontaminasyon risklerini artırmakta ve geleneksel kontrol yöntemlerinin sınırlarını zorlamaktadır. Bununla birlikte dünya nüfusunun hızla artması, iklim değişikliği, sınırlı doğal kaynaklar ve gıda kaynaklı hastalıkların yaygınlaşması, gıda güvenliği konusunda yenilikçi çözümlere olan ihtiyacı artırmaktadır (2).

Nanoteknoloji, maddenin 1-100 nanometre (nm) boyutlarında kontrol edilmesi ve manipüle edilmesi ile ortaya çıkan yenilikçi bir bilim dalıdır. Bu ölçekte malzemeler, makro ölçekte sergilemediğleri benzersiz fiziksel, kimyasal ve biyolojik özellikler gösterebilirler (3). Bu bağlamda nanoteknoloji, gıda güvenliği sorunlarına çözüm sunma potansiyeli taşıyan önemli bir araç olarak karşımıza çıkmaktadır (4).

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## BÖLÜM 8

# HAYVANSAL ÜRETİMDE NANOTEKNOLOJİK UYGULAMALAR

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## GİRİŞ

Hayvansal üretimde nanoteknolojik uygulamalara geçmeden önce nanoteknolojinin tanımını yapmak gereklidir. **Nanoteknoloji, boyutları 100 nanometreden küçük olan çok küçük ve özgül yapıların bilimi ve teknolojisidir.** Oldukça küçük boyutlara sahip olmaları nedeniyle, bu yapıların kimyasal ve fiziksel özelliklerindeki en küçük değişiklikler bile, daha büyük partiküllere kıyasla daha yüksek reaktivite ve çözünürlük gibi farklılıklar gösterebilmektedir (1). Nanoteknoloji, yaşamın her alanında önemli bir rol oynamakta olup, günümüzde en ileri düzey bilimsel araştırma alanlarından biri olarak kabul edilmektedir. Nanoteknolojinin pek çok disiplinde hâlihazırda çeşitli uygulamaları bulunmaktadır; ancak hayvansal üretim ve veteriner hekimlik alanlarındaki uygulamaları hâlen deneysel niteliktedir. Bununla birlikte, son yıllarda bu alanlardaki bilimsel gelişmelerde nanoteknolojinin rolü dikkate değer bir ilerleme kaydetmiştir.

Hayvansal üretimde nanoteknoloji uygulamalarında hedef noktaya ulaştırgında ciddi anlamda çığır açacaktır. Geçmişteki çalışmalara bakıldığında (yaklaşık 2000 yılından itibaren) günümüze göre özellikle hayvansal üretimde geride kaldığı görülmektedir. Dolayısıyla sözü edilen bu yıllardan sonra günümüz tek-

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yasal düzenlemelerin tamamlanmasıyla, nanoteknolojik ürünlerin pazar payı önemli ölçüde artacaktır. Bununla birlikte, sürdürülebilir ve etik hayvancılık için nanoteknolojinin potansiyel riskleri göz önünde bulundurularak, sorumlu bir şekilde kullanılması büyük önem taşımaktadır.

## **SONUÇ**

Nanoteknoloji, hayvansal üretimde sağlık, verimlilik, sürdürülebilirlik ve gıda güvenliği gibi çok boyutlu hedeflere ulaşmak adına yenilikçi bir araç olarak öne çıkmaktadır. Nano-biyosensörlerden nano-minerallere, akıllı ilaç sistemlerinden rumen modülatörlerine kadar geniş bir uygulama yelpazesiyle bu teknoloji, geleneksel yöntemlerin ötesinde çözüm olanakları sunmaktadır. Özellikle sindirim etkinliğinin artırılması, metan emisyonlarının azaltılması, hayvansal ürün kalitesinin yükseltilmesi ve enfeksiyon hastalıklarının erken tanısıyla elde edilen kazanımlar, hem ekonomik hem de çevresel fayda sağlamaktadır.

Ancak bu avantajların yanı sıra, nanopartiküllerin organizma içindeki biyolojik akibeti, uzun vadeli toksik etkileri ve çevresel etkileri gibi konularda bilimsel belirsizlikler mevcudiyetini korumaktadır. Bu durum, nanoteknolojik uygulamaların yaygınlaştırılmasında güvenlik değerlendirmeleri, etik ilkeler ve yasal düzenlemelerin önemini daha da artırmaktadır. Dolayısıyla, gelecekte nanoteknolojinin hayvancılık sektöründe etkin ve güvenli biçimde kullanılması, disiplinler arası Ar-Ge çalışmalarının sürdürülmesi, bilimsel standartların oluşturulması ve uluslararası mevzuatların uyumlAŞtırılmasıyla mümkün olacaktır.

Sonuç olarak, nanoteknoloji, hayvancılıkta sadece mevcut sorunlara çözüm sunmakla kalmayıp, aynı zamanda daha sağlıklı, verimli ve sürdürülebilir bir üretim modeli için stratejik bir dönüşüm aracı olarak değerlendirilmektedir. Bu bağlamda, sektörün geleceği için nanoteknolojinin kontrollü, sorumlu ve bilinçli şekilde entegrasyonu kritik önem taşımaktadır.

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## BÖLÜM 9

### NANOTEKNOLOJİ İLE SU ARITMA VE ATIK YÖNETİMİ

Pınar ARSLAN YÜCE<sup>1</sup>  
Aysel Çağlan GÜNAL<sup>2</sup>

#### GİRİŞ

Dünyamızın yaklaşık  $\frac{3}{4}$ 'ü (%70'i) sularla kaplı olup bu miktarın %97,5'u denizel sistemlerde tuzlu su; %2,5'u buzullar ve yer altı suyu kaynaklarında tatlı suyu oluşturmaktadır. Bu tatlı su miktarının ise sadece %0,10 kadarını göller, rezervuarlar ve nehirlerde bulunmaktadır (1). Artan nüfus, hızlı sanayileşme ve tarımsal faaliyetler bu sınırlı kaynaklar üzerinde ciddi bir baskı oluşturmaktadır. Özellikle gelişmekte olan ülkelerde, su kirliliği çevresel ve halk sağlığı açısından önemli bir tehdit haline gelmiştir (2-4). Geleneksel su arıtma ve atık yönetimi yöntemleri, birçok kirleticiyi etkin bir şekilde uzaklaştırsa da yeni ortaya çıkan mikro kirleticiler, patojenler ve kalıcı organik kirleticiler gibi kompleks bileşikler karşısında yetersiz kalabilmektedir (4).

Dünyada hızlı nüfus artışı, kentleşme, sanayileşme, tarımsal uygulamalar, madencilik faaliyetleri ve iklim değişikliği, su kaynaklarının azalmasına ve su kalitesinin bozulmasına yol açmaktadır (5). Temiz içme suyuna erişim ve içme suyu kıtlığı günümüzün öncelikli çevre sorunları listesinin başında yer almaktadır (6). Dünya çapında 2,2 milyar insan temiz içme suyuna erişememektedir (7). Tüm bu sorunlar göz önüne alındığında, atık suyun geri dönüştürülmesi ve ıslah edilmesi gerekmektedir. Geri kazanılmış veya arıtılmış atık sular tarım, sanayi

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ni kolaylaştırabilir. Gümüşün nanomalzeme olarak kullanılması ile tek başına yaptığından daha kolay biyofilm'lere nüfuz edebildiği bilinmektedir. Bu nedenle, gümüş temelli nanomalzemeler atık su arıtma için kullanılan gelişmiş malzemelerden biridir (51, 55, 56, 57, 59, 60, 61, 62, 63, 64).

## **SONUÇ**

Nanoteknoloji, su arıtma ve atık yönetimi alanlarında devrim niteliğinde fırsatlar sunarak, günümüzün en önemli çevresel sorunlarına yenilikçi çözümler getirmiştir. Nanomalzemelerin yüksek yüzey alanı, gelişmiş adsorpsiyon kapasiteleri, fotokatalitik aktiviteleri ve seçici ayırma özellikleri sayesinde hem içme suyu hem de atık su arıtımında geleneksel yöntemlere kıyasla daha etkili ve verimli süreçler geliştirilmiştir. Aynı şekilde, nanoteknoloji tabanlı uygulamalar, atıkların ayrıştırılması, geri dönüştürülmesi ve tehlikeli atıkların bertaraf edilmesinde süreçleri optimize ederek sürdürülebilir atık yönetimi için yeni bir bakış açısı kazandırmıştır. Ancak, bu teknolojilerin çevresel ve toksikolojik etkileri henüz tam olarak aydınlatılmamıştır. Nanomalzemelerin ekosistemlerdeki kalıcılığı, biyobirimini ve olası uzun vadeli zararları hakkında daha kapsamlı araştırmala- ra ihtiyaç vardır. Bu nedenle, nanoteknoloji uygulamaları geliştirilirken çevresel güvenlik, insan sağlığı ve sürdürülebilirlik ilkeleri mutlaka göz önünde bulundurulmalıdır. Sonuç olarak, nanoteknoloji ile su arıtma ve atık yönetimi, doğru risk analizleri ve ekosistem odaklı yaklaşımlar ile desteklendiğinde, çevresel kirliliğin önlenmesi ve doğal kaynakların korunması açısından gelecek vadeden ve güçlü bir araç olma potansiyeline sahiptir. Bu alandaki bilimsel gelişmeler ve teknolojik yenilikler, gelecekte daha temiz bir çevre ve daha sağlıklı toplumlar için önemli katkılar sağlayacaktır.

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## BÖLÜM 10

# NANOTEKNOLOJİK ÜRÜNLERİN ÇEVRESEL ETKİLERİ

Aysel Çağlan GÜNAL<sup>1</sup>  
Pınar ARSLAN YÜCE<sup>2</sup>

## GİRİŞ

Nanoteknoloji, bilim ve teknolojinin bir araya geldiği ve birçok alanda uygulama yapılmasını sağlayan moleküller bir teknolojidir. Nanoteknolojinin diğer alanlardan en önemli farkı nispeten daha yeni bir teknoloji olması ve bu nedenle biyolojik sistemler üzerinde risk değerlendirme analizleri çalışmalarının daha sınırlı sayıda yapılmış olmasıdır (1). Nanoteknolojinin kullanım alanları çok çeşitlidir: mühendislik, biyoloji, kimya, meteoroloji, tıp, malzeme bilimi, askeri uygulamalar, iletişim ve bilgi işleme (2).

Nanoteknoloji ile üretilen nanopartiküller, kütle ve moleküler malzeme arasında bir supramoleküler maddedir (1). Nanoteknolojinin yapı taşları olarak kabul edilen bu moleküller, en az bir boyutu 100 nm olan parçacıklar olarak belirtilmekte ve nanopartikül olarak tanımlanmaktadır (3). Bu oldukça küçük parçacıkların yukarıda bahsedilen uygulama alanlarında yararlı bir şekilde kullanımı vardır. Böylece, nanoteknolojinin hava, su ve toprak kalitesini iyileştirmede önemli bir potansiyeli vardır. Kirleticilerin tespitini ve algılanmasını iyileştirebilir ve iyileştirme için yeni teknolojilerin geliştirilmesine yardımcı olabilir. Örneğin, metal oksit nano katalizörler endüstriyel alanda kirliliğin önlenmesinde kullanılarak kendi kendini temizleyen yüzeyler yapılmasını sağlar.

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düğü henüz net değildir. Bazı çalışmalar, nanopartiküllerin üst trofik düzeylerde sindirim yoluyla atıldığını ve dolayısıyla biyomagnifikasiyonun sınırlı olduğunu göstermektedir (48). Yine de nanopartiküllerin besin zinciri boyunca taşınabilir olması, ekosistemlerin tüm bileşenleri üzerinde dolaylı etkiler yaratabileceğine işaret eder.

## SONUÇ

Nanoteknoloji, bilim ve endüstri alanında sunduğu yenilikçi çözümlerle son yıllarda büyük bir ivme kazanmıştır. Ancak nanopartiküllerin çevreye yayılımı, biyolojik sistemlerdeki davranışları ve potansiyel toksik etkileri konusundaki bilgi eksiklikleri, bu teknolojinin güvenli kullanımı açısından önemli soruları da beraberinde getirmiştir. Mevcut veriler, nanopartiküllerin sucul ve karasal ortamlarda çeşitli organizmalar üzerinde sitotoksik, genotoksik ve oksidatif stres kaynaklı etkiler oluşturabileceğini göstermektedir. Ayrıca bu partiküllerin canlı organizmalarda birikebildiği ve besin zinciri yoluyla trofik transfer gösterebildiği anlaşılmaktadır. Sonuç olarak, nanopartiküllerin sunduğu fırsatlardan faydalananken çevresel ve ekotoksikolojik etkilerinin bütüncül bir yaklaşımla değerlendirilmesi, doğanın ve insan sağlığının korunması açısından kaçınılmazdır. Bu amaçla bilimsel araştırmaların, teknolojik inovasyonun ve düzenleyici çerçevelerin bir arada gelişimi büyük önem taşımaktadır.

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