

OPTİK NÖROPATİLERE YAKLAŞIM

3

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TANIM

Optik sinirin fonksiyon bozuklukları için kullanılan ve genel olarak söylenen bir terim olan optik nöropatiler akut veya subakut görme kaybına yol açabilmektedir. Görmeyi hafif dereceden ciddi dereceye kadar bozabilen bu hastalıkların etiyojileri, tedavileri ve prognozları birbirlerinden farklılık göstermektedir. Bu bölümde optik nöropati tanısının koyarken gerekli olan klinik bulgulara yer verilecek olup bundan sonraki bölümlerde de detaylı olarak bu optik nöropati çeşitlerinin tanı ve tedavilerinden bahsedilecektir.

Optik Sinir Hastalıklarında Klinik Bulgular:

Görme keskinliğinde azalma: Görme kaybının başlama şekli, optik nöropatinin etiyojisi hakkında bize önemli ipucu verir. Hızlı başlangıç; optik nörit, iskemik optik nöropati, infeksiyöz, inflamatuvar ve travmatik optik nöropatinin karakteristiğidir. Aylar boyunca kademeli bir başlangıç ise kompresif, toksik ve nütrisyonel optik nöropatinin özelliğidir. İnfiltratif ve kalıtsal optik nöropatilerde yıllar içinde daha uzun bir başlangıç şekli görülür.

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Tablo 2. Optik atrofi çeşitlerinin özellikleri

	Primer	Sekonder	Konsekütif
Sınır	İyi sınırlı	Belirsiz	İyi sınırlı
Renk	Tebeşir beyazı	Kirli(gri) beyaz	Balmumu
Damarlar	Normal	Normal/Atenüe	Büyük ölçüde ince
Etiyoloji	Optik nörit Travma Hereditör Toksik İntrakraniyel Kitle	İskemik Nöropati Papilödem Papiilit	Retinitis Pigmentosa Panretinal Lazer Santral arter tıkanıklığı Vaskülit Yaygın retinokoroidit

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