



MALİGN HİPERKALSEMİ TEDAVİSİ

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GİRİŞ

Hiperkalsemi kanser haslarında nispeten yaygın olup, olguların yaklaşık %20-30'ünde oluşmaktadır (1). Yatan hasta ortamında hiperkalseminin en yaygın nedenidir. Hem solid tümörleri hem de hematolojik maligniteleri bulunan hastalarda oluşur. Amerika Birleşik Devletleri'nde hiperkalsemi ile ilişkili en yaygın kanserler meme, renal ve akciğer kanseri ile multipl miyelomdur (2). Malignite genellikle hiperkalsemiye neden olduğu zaman klinik olarak belirgindir ve malignite hiperkalsemisi bulunan hastalarda prognoz sıklıkla kötüdür. Burada hiperkalsemi mekanizmaları, hiperkalseminin klinik belirtileri, tanısı ve tedavisi ayrı ayrı detaylı bir şekilde ele alınmaktadır.

Malign Hiperkalsemi Mekanizmaları

Malignite hiperkalsemisinin oluşabileceği üç temel mekanizma vardır (1, 3, 4):

- Paratiroid hormonla ilişkili proteinin (PTHrP) tümör sekresyonu
- Sitokinlerin (osteoklast aktive edici faktörler dahil) lokal salınımı ile osteolitik metastazlar
- 1, 25-dihidroksi vitamin D nin (kalsitriol) tümör üretimi.

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oluşabilir. Bu tür hastalarda glikokortikoidler (örn. 20-40 mg/gün prednizon) genellikle 1-5 gün içinde akciğerlerdeki ve lenf nodlarındaki aktive mononükleer hücreler tarafından kalsitriol üretimini azaltarak serum kalsiyum konsantrasyonlarını düşürür.

Diğer tedaviler

Denosumab, zoledronik aside (ZA) dirençli hiperkalsemili hastalar veya şiddetli böbrek yetmezliği nedeniyle bifosfonatların kontrendike olduğu hastalar için bir seçenektir. Özellikle bifosfonatlara rağmen inatçı hiperkalsemisi olan hastalarda, malignite hiperkalsemisinin tedavisi için denosumab kullanımına ilişkin artan sayıda olgu raporu ve olgu serileri bulunmaktadır (107-109)

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