BÖLÜM 4
DUDAK DAMAK YARIKLARINDA PROTETİK REHABİLİTASYON

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DUDAK DAMAK YARIKLARINDA TEDAVİ PRENSİPLERİ

Dudak Damak Yarığına (DDY) sahip hastaların tedavisi zorlu bir süreçtir. Yarık tedavisi erken dönemde başlayıp yetişkinliğe kadar devam etmektedir.[1]

DDY hastalarını tedavi etmenin amaçları: [2,3]
Normal beslemesini sağlayabilmek
Normal konuşmasını sağlayabilmek
Normal işitmesini sağlayabilmek
Psikolojik durumunu iyileştirmek
Normal dişlenme ve oklüzyonu sağlayabilmek
Estetiği sağlayabilmek

DDY hastalarında birçok tedavi seçeneği bulunmaktadır. Bununla birlikte her vakanın özelliklerine ve yaşına göre uygun tedavinin seçilmesi gerekmektedir. [4] Bu tür hastaların tedavisi; dental anomaliler, kemik defektleri, kötü ağız hijyeni, çok sayıda çürük, muhtemelen periodontal hastalıklar nedeniyle dişlerin erken kaybı sonucunda meydana gelen dişsizlik ve maksiller atrofi nedeniyle zor olmaktadır. [5]

Cerrahi tedavi öncesinde genellikle ortodontik tedavi yapılmaktadır. Çoğu durumda iyi bir fonksiyonel ve estetik sonuç elde edebilmek için protetik rehabilitasyon gerekmektedir.[6] Bireysel koşullar nedeniyle cerrahi ve implant

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Son yıllarda kemik grefti ihtiyacını azaltmak için zigomatik implantların kullanılması önerilmektedir. [5]

Yarık bölgesinin implant yerleştirmeye uygun olup olmadığını belirleme yönergeleri [60]
İnterdental papilla oluşumunu sağlamak için kemik krestinden proksimal temasa 5 mm'lik mesafe gerekmektedir [63,64]
İmplantı doğru konumlandırabilmek (özellikle labiopalatal ve meziodistal ilişki için) cerrahi şablon kullanılmalıdır [65]
Periodontal sağlık için yeterli miktarda keratinize mukoza gerekmektedir [60]
Morse taper implant kemiğin 2 mm altına yerleştirilmelidir [65]
İmplant ile komşu diş kökleri arasındaki mesafe 1.5 ile 2 mm arası, komşu iki implant için en az 3 mm olmalıdır [66,67]
Konik ışınlı bilgisayarlı tomografi ile ölçülen labiopalatinal kemik kalınlığı ortalama 8 mm olmalıdır
İmplant üstü protezin yapılacağı bölgeye komşu dişlerin mesial ve distal yüzeyleri arasında 6 ile 7 mm mesafe olmalıdır [68]
Konik ışınlı bilgisayarlı tomografi ile ölçülen minimum vertikal kemik yüksekliği 10 mm olmalıdır

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