

POSTERİOR TİBİAL VE SURAL SİNİRLERİN TUZAK – KOMPRESYON NÖROPATİLERİ

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14. BÖLÜM

POSTERİOR TİBİAL SİNİRİN TUZAK NÖROPATİLERİ

Genel bilgiler

Posterior tibial sinir siyatik sinirin medial kısmından köken alır. Siyatik sinirden ayrıldıktan sonra popliteal fossada sural sinire ve bacağın posterior kompartman kaslarına dallar verir. Ayak bileğinde tarsal tünelde geçerek kalkaneal, medial ve lateral plantar dallarına ayrılır. Posterior tibial sinir seyri boyunca bacak proksimalinde, tarsal tünelde (tarsal tünel sendromu) ve ayakta (morton nöroması) tuzaklanabilir.

Tarsal tünel sendromu

Genel Bilgiler

Alt ekstremitte tuzak nöropatileri çok sık görülmeyen bu yüzden tanısı atlanan veya zor olan hastalıklardır. Tarsal tünel ayak bileği medialinde bulunur. Tarsal tünel sendromu nadir bir tuzak nöropatidir. Proksimal ve distal olarak ikiye ayrılır. Proksimalde posterior tibial sinir tarsal tünel içinde medial malleol posterioru ile talus ve kalkaneus mediali arasından geçerken tuzaklanır. Distalde terminal dalların (medial plantar sinir, lateral plantar sinir, medial kalkaneal sinir) bir veya daha fazlası tarsal tünel içinde veya ayrıldıktan sonra tuzaklanmaktadır [1]. Bu sendrom Kopell ve Thompson tarafından 1960 yılında tanımlanmıştır [2]. Ayak bileği, topuk, ayak tabanı ve ayak parmakları medialinde ağrı, duyu kaybı, pares-tezi görülür.

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