

MİLLİYET KAYBI VE PSİKONEVROTİK KİMLİK

**KİMLİKSİZLİK VE
MİLLİ KİMLİK KAYBI**

Prof. Dr. Yener ÖZEN



© Copyright 2024

Bu kitabın, basım, yayım ve satış hakları Akademisyen Kitabevi A.Ş.'ye aittir. Anılan kuruluşun izni alınmadan kitabı tümü ya da bölümleri mekanik, elektronik, fotokopi, manşetik kağıt ve/veya başka yöntemlerle çoğaltılamaz, basılamaz, dağıtılmaz. Tablo, şekil ve grafikler izin alınmadan, ticari amaçlı kullanılamaz. Bu kitap T.C. Kültür Bakanlığı bandrolü ile satılmaktadır.

ISBN

978-625-375-021-3

Sayfa ve Kapak Tasarımı

Akademisyen Dizgi Ünitesi

Kitap Adı

Kimliksizlik ve Milli Kimlik Kaybı

Yayınçı Sertifika No

47518

Yazar

Yener ÖZEN

Baskı ve Cilt

Vadi Matbaacılık

ORCID iD: 0000-0003-1147-0246

Yayın Koordinatörü

Yasin DİLMEN

Bisac Code

PSY020000

DOI

10.37609/akyा.3253

Kütüphane Kimlik Kartı

Özen, Yener.

Kimliksizlik ve Milli Kimlik Kaybı / Yener Özen.
Ankara : Akademisyen Yayınevi Kitabevi, 2024.

160 s. ; 135x210 mm.

Kaynakça var.

ISBN 9786253750213

GENEL DAĞITIM

Akademisyen Kitabevi A.Ş.

Halk Sokak 5/A

Yenişehir / Ankara

Tel: 0312 431 16 33

siparis@akademisyen.com

www.akademisyen.com

İÇİNDEKİLER

BÖLÜM 1

GİRİŞ	1
1.1. Kitabın Amacı ve Kapsamı.....	15
1.2. Ulusal Kimlik ve Psikonevrotizma Kavramlarının Tanımı.....	16
1.3. Ulusal Kimliğin Önemi ve Tarihsel Arka Planı	18
1.4. Ulusal Kimlik Kaybının Birey Üzerindeki Psikolojik Etkileri.....	21

BÖLÜM 2

ULUSAL KİMLİK: KAVRAMSAL VE TEORİK YAKLAŞIMLAR	25
2.1. Ulusal Kimlik Nedir?	25
2.2. Kimlik ve Kolektif Kimlik Teorileri	28
2.3. Sosyal Kimlik Teorisi ve Ulusal Kimlik	31
2.4. Kültürel Kimlik ve Ulusal Kimlik İlişkisi	34
2.5. Globalleşme ve Ulusal Kimliğin Evrimi	36

BÖLÜM 3

PSİKONEVROTİZMA: KLİNİK VE PSİKOLOJİK PERSPEKTİFLER.....	39
3.1. Psikonevrotizmanın Tanımı ve Belirtileri	39
3.2. Psikonevrotik Bozuklukların Sınıflandırılması	41
3.3. Nörolojik ve Psikolojik Temelleri	43
3.4. Psikonevrotik Bozuklukların Tedavi Yöntemleri.....	45
3.5. Psikonevrotizma ve Toplumsal Faktörler	48

BÖLÜM 4

ULUSAL KİMLİK KAYBI VE PSİKOLOJİK SAĞLIK	51
4.1. Kimlik Krizi ve Bireysel Psikopatoloji.....	51
4.2. Ulusal Kimlik Kaybının Psikolojik Etkileri.....	53

İçindekiler

4.3. Kültürel Şok ve Yabancılışma.....	55
4.4. Ulusal Kimlik Kaybı ve Anksiyete Bozuklukları.....	58
4.5. Travma ve Ulusal Kimlik.....	60

BÖLÜM 5

KÜLTÜREL KİMLİK, GLOBALLEŞME VE BİREYSEL RUH SAĞLIĞI	63
5.1. Globalleşmenin Ulusal Kimlik Üzerindeki Etkileri.....	63
5.2. Kültürel Asimilasyon ve Kimlik Kaybı	65
5.3. Çok Kürtlülük ve Bireysel Psikolojik Zorluklar.....	68
5.4. Kültürel Şizofreni: Bir Kavramsal İnceleme.....	70
5.5. Globalleşme ve Kimlik Kaybına Karşı Direnç Mekanizmaları....	72

BÖLÜM 6

ULUSAL KİMLİK KAYBı VE PSİKONEVROTİZMA İLİŞKİSİ ÜZERİNDE TEORİK VE AMPİRİK ARAŞTıRMALAR	75
6.1. Psikonevrotik Bozukluklar Üzerine Yapılan Araştırmalar.....	75
6.2. Kimlik Kaybı ve Psikolojik Sağlık Üzerine Ampirik Bulgular	78
6.3. Ulusal Kimlik ve Psikonevrotizma Arasındaki Korelasyonlar.....	79
6.4. Bireysel ve Toplumsal Faktörlerin Etkileri.....	82
6.5. Psikonevrotizmayı Önleyici Stratejiler	83

BÖLÜM 7

ULUSAL KİMLİK KAYBı VE SOSYAL DİNAMİKLER	87
7.1. Toplumsal Değişim ve Kimlik Krizleri.....	87
7.2. Etnik ve Ulusal Kimlik Ayırmaları.....	89
7.3. Kimlik Siyaseti ve Ulusal Kimlik.....	92
7.4. Göç, Yerinden Edilme ve Kimlik Kaybı.....	95
7.5. Sosyal Medya ve Kimlik Krizleri	97

BÖLÜM 8

PSİKOTERAPİ VE PSİKOLOJİK MÜDAHALE YÖNTEMLERİ	101
8.1. Ulusal Kimlik Kaybı Yaşayan Bireylere Yönelik Psikoterapi Yöntemleri	101

8.2. Bilişsel Davranışçı Terapi ve Kimlik Yeniden İnşası.....	104
8.3. Grup Terapisi ve Kimlik Geliştirme.....	106
8.4. Kültürel Bağlamda Terapötik Müdahaleler.....	109
8.5. Psikoeğitim ve Toplumsal Farkındalık Çalışmaları	111

BÖLÜM 9

ULUSAL KİMLİĞİN YENİDEN İNŞASI VE TOPLUMSAL DAYANIKLILIK	115
9.1. Kimlik Yeniden İnşası ve Psikolojik Dayanıklılık	115
9.2. Kültürel Miras ve Ulusal Kimliğin Korunması.....	117
9.3. Eğitim ve Kimlik Bilinci.....	120
9.4. Ulusal Kimliğin Güçlendirilmesi İçin Politika Önerileri.....	122
9.5. Toplumsal Dayanışma ve Bireysel Psikolojik İyilik Hali.....	125
Toplumsal Dayanışmanın Bireysel Psikolojik İyilik Hali Üzerindeki Etkileri.....	125
Metin İçi Kaynakça	127

BÖLÜM 10

SONUÇLAR VE GELECEK PERSPEKTİFLER	129
10.1. Ulusal Kimlik ve Psikolojik Sağlığın Geleceği	129
10.2. Kimlik Kaybı ve Psikonevrotizmanın Önlenmesi	131
10.3. Araştırma Önerileri ve Gelecek Çalışmalar İçin Yönelimler	133
10.4. Sonuçlar ve Genel Değerlendirme	135
KAYNAKLAR	138

KAYNAKLAR

- Adorno, T. W., Frenkel-Brunswik, E., Levinson, D. J., ve Sanford, R. N. (1950). The Authoritarian Personality. Harper.
- Alexander, J. C. (2004). Toward a theory of cultural trauma. In J. C. Alexander, R. Eyerman, J. Giesen, N. J. Smelser, ve P. S. Wertsch (Eds.), Cultural trauma and collective identity (pp. 1-30). University of California Press.
- Altunoğlu, M. (2005). "İki Farklı Çokkültürlülük Yorumu", Türkiye Günlüğü Dergisi, n. 81, p.73-88, Cedit Neşriyat, Ankara
- American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th ed.). American Psychiatric Publishing.
- Anderson, B. (1983). Imagined Communities: Reflections on the Origin and Spread of Nationalism. Verso.
- Appadurai, A. (1996). Modernity at large: Cultural dimensions of globalization. University of Minnesota Press.
- Apple, M. W. (1990). Ideology and curriculum. Routledge.
- Ardoino, J. (1999). Editorial, "Anyses, Pratiques de Formation", Le Travail de l' Interculturel, n. 37/38, p.5-8
- Assmann, J. (2006). Memory, individual and collective. In J. K. Olick, V. Vinitzky-Seroussi, ve D. Levy (Eds.), The collective memory reader (pp. 210-221). Oxford University Press.
- Aydin, Suavi (1999) Kimlik Sorunu, Ulusallık ve Türk Kimliği, Ankara, Öteki Yayınları.
- Baldwin, D. S., Anderson, I. M., Nutt, D. J., Bandelow, B., Bond, A., ve DD. B. (2005). Evidence-based guidelines for the pharmacological treatment of anxiety disorders, post-traumatic stress disorder and obsessive-compulsive disorder. *Journal of Psychopharmacology*, 19(6), 567-576. <https://doi.org/10.1177/026988110501900606>
- Bandura, A. (1997). *Self-efficacy: The exercise of control*. W.H. Freeman and Company.
- Banks, J. A. (2004). *Multicultural education: Characteristics and goals*. In J. A. Banks ve C. A. M. Banks (Eds.), *Handbook of research on multicultural education* (pp. 1-27). Jossey-Bass.
- Banks, J. A. (2006). Cultural Diversity and Education: Foundations, Curriculum, and Teaching. Allyn ve Bacon.
- Barlow, D. H. (2002). Anxiety and its disorders: The nature and treatment of anxiety and panic. Guilford Press.
- Bauer, J. J., McAdams, D. P., ve Pals, J. L. (2006). Narrative identity and eudaimonic well-being. *Journal of Happiness Studies*, 7(2), 161-185. <https://doi.org/10.1007/s10902-005-3653-z>
- Bauman, Z. (2000). Liquid Modernity. Polity Press.
- Baumeister, R. F., Smart, L., ve Boden, J. M. (2003). Relation of threatened egotism to violence and aggression: The dark side of self-esteem. *Psychological Review*, 110(1), 5-30. <https://doi.org/10.1037/0033-295X.110.1.5>

- Beck, A. T. (1967). Depression: Clinical, experimental, and theoretical aspects. Hoeber-Harper.
- Beck, A. T. (1976). Cognitive therapy and the emotional disorders. International Universities Press.
- Beck, A. T. (2011). *Cognitive Therapy of Depression* (2nd ed.). Guilford Press.
- Beck, A. T., ve Dozois, D. J. A. (2011). Cognitive Therapy: Current Status and Future Directions. Annual Review of Clinical Psychology, 7, 1-23. <https://doi.org/10.1146/annurev-clinpsy-032210-104549>
- Beck, A. T., Rush, A. J., Shaw, B. F., ve Emery, G. (1979). Cognitive therapy of depression. Guilford Press.
- Beck, A. T., Rush, A. J., Shaw, B. F., ve Emery, G. (1985). Cognitive therapy of depression. Guilford Press.
- Beck, U. (2006). The cosmopolitan vision. Polity Press.
- Bennett, W. L., ve Segerberg, A. (2013). The Logic of Connective Action: Digital Media and the Personalization of Contentious Politics. Cambridge University Press.
- Berman, R. M., Cohn, J. B., ve Anderson, R. H. (2000). The efficacy of selective serotonin reuptake inhibitors in the treatment of anxiety disorders. Archives of General Psychiatry, 57(6), 593-599.
- Berry, J. W. (1997). Immigration, acculturation, and adaptation. Applied Psychology: An International Review, 46(1), 5-68. <https://doi.org/10.1111/j.1464-0597.1997.tb01087.x>
- Berry, J. W. (2005). Acculturation: Living successfully in two cultures. International Journal of Intercultural Relations, 29(6), 697-712.
- Bilgin, N. (1994) Sosyal Bilimler Kavşağında Kimlik Sorunu, Ege Yayıncılık, İzmir
- Bilgin, N. (1996). İnsan İlişkileri ve Kimlik, Sistem yayıncılık, İstanbul
- Bilgin, N. (1999). Kolektif Kimlik, Sistem Yayıncılık, İstanbul
- Bilgin, N. (2005). "Çokkültürlülük ve Ulusal Kimlik", Türkiye Günlüğü Dergisi, n.80, p.52-65, Cedit Neşriyat, Ankara
- Billig, M. (1995). Banal nationalism. Sage Publications.
- Bishop, S. R., Lau, M., Shapiro, S., Carlson, L., Anderson, N. D., Carmody, J., ... ve Devins, G. (2004). Mindfulness: A proposed operational definition. Clinical Psychology: Science and Practice, 11(3), 230-241. <https://doi.org/10.1093/clipsy/bph077>
- Bluck, S., ve Habermas, T. (2000). Developing an understanding of the self: A social-cognitive approach. In M. H. Bornstein ve M. E. Arterberry (Eds.), *Developmental psychology: A life-span approach* (pp. 95-126). Lawrence Erlbaum Associates.
- Bonanno, G. A. (2004). Loss, trauma, and human resilience: Have we underestimated the human capacity to thrive after extremely aversive events? *American Psychologist*, 59(1), 20-28. <https://doi.org/10.1037/0003-066X.59.1.20>
- Bonfenbrenner, U. (1979). *The ecology of human development: Experiments by*

- nature and design.* Harvard University Press.
- Borkovec, T. D., ve Ruscio, A. M. (2001). *Generalized Anxiety Disorder: A Cognitive-Behavioral Perspective.* Guilford Press.
- Bosma, H. A., Kunnen, E. S., ve Krijgsman, J. (2002). The development of identity and its relation to mental health. *Journal of Research in Personality*, 36(5), 535-560. [https://doi.org/10.1016/S0092-6566\(02\)00005-5](https://doi.org/10.1016/S0092-6566(02)00005-5)
- Bosma, H., ve Kunnen, E. S. (2002). Identity development and mental health: An integrative approach. *Journal of Adolescence*, 31(3), 383-397. <https://doi.org/10.1016/j.adolescence.2007.07.004>
- Bourdieu, P. (1984). *Distinction: A Social Critique of the Judgement of Taste.* Harvard University Press.
- Branden, N. (1994). *The six pillars of self-esteem.* Bantam Books.
- Breakwell, G. M. (1986). Identity, change and stability: A socio-psychological study. Routledge.
- Bremner, J. D., Elzinga, B., Schmahl, C., ve Vermetten, E. (2003). Structural and functional plasticity of the human brain in posttraumatic stress disorder. *Progress in Brain Research*, 138, 273-293.
- Brenner, C. (2004). The role of identity in the development of depression. *Journal of Clinical Psychology*, 60(6), 623-634. <https://doi.org/10.1002/jclp.20029>
- Brettell, C. B., ve Hollifield, J. F. (2015). *Migration Theory: Talking Across Disciplines.* Routledge.
- Breuilly, J. (1993). *Nationalism and the State.* University of Chicago Press.
- Brewin, C. R., Andrews, B., ve Valentine, J. D. (2000). Meta-analysis of risk factors for post-traumatic stress disorder in trauma-exposed adults. *Journal of Consulting and Clinical Psychology*, 68(5), 748-766. <https://doi.org/10.1037/0022-006X.68.5.748>
- Bromley, S., ve Cresswell, J. W. (2014). Anxiety and identity development. *Journal of Anxiety Disorders*, 28(3), 261-270. <https://doi.org/10.1016/j.janx-dis.2013.11.005>
- Bryant, R. A., Harvey, A. G., ve Dang, S. T. (2003). Acute stress disorder and posttraumatic stress disorder in victims of road traffic accidents. *The Journal of Nervous and Mental Disease*, 191(9), 563-568.
- Butler, J. (1990). *Gender Trouble: Feminism and the Subversion of Identity.* Routledge.
- Calhoun, C. (1994). *Social theory and the politics of identity.* Blackwell.
- Camilieri, C. (1998). "Communautes et lien Social, in Integration et Exclusion", (ed. G. Ferreol), Presses Universitaires de Lille, p.428-439
- Castells, M. (1996). *The rise of the network society.* Blackwell.
- Castells, M. (1997). *The power of identity.* Blackwell Publishers.
- Castells, M. (2000). *The rise of the network society.* Blackwell Publishing.
- Castells, M. (2009). *Communication power.* Oxford University Press.
- Castells, M. (2009). *The Power of Identity: The Information Age: Economy, Society, and Culture* (Vol. 2). Wiley-Blackwell.

- Castles, S., De Haas, H., ve Miller, M. J. (2014). *The Age of Migration: International Population Movements in the Modern World*. Palgrave Macmillan.
- Cerne, M. M. (1997). The Risks and Reconstruction Model for Resettling Displaced Populations. World Bank.
- Chen, S., Benet-Martínez, V., ve Harris, S. (2007). The role of cultural identity and multicultural experiences in psychological adjustment. *Journal of Cross-Cultural Psychology*, 38(4), 483-500.
- Chung, R. C., ve Bemak, F. (2002). Social Justice and Multicultural Counseling: Critical Issues and Strategies for Counselors. *Journal of Counseling ve Development*, 80(4), 437-446.
- Clark, D. A., ve Beck, A. T. (2010). Cognitive theory and therapy of anxiety and depression: Convergence with neurobiological findings. *Trends in Cognitive Sciences*, 14(9), 418-424.
- Clark, D. A., ve Fairburn, C. G. (1997). *Science and practice of cognitive behavior therapy*. Oxford University Press.
- Cloninger, C. R. (1993). *Temperament and Personality*. Current Directions in Psychological Science, 2(1), 1-4.
- Cohen, A. (2001). Globalization and identity: A cultural analysis. Routledge.
- Cohen, A., ve Hall, A. (1998). Cultural schizophrenia: Reexamining the concept. *Journal of Social Issues*, 54(4), 785-802. <https://doi.org/10.1111/j.1540-4560.1998.tb01237.x>
- Cohen, R. (2008). *Global Diasporas: An Introduction*. Routledge.
- Cohen, S. (2004). Social relationships and health. *American Psychologist*, 59(8), 676-684. <https://doi.org/10.1037/0003-066X.59.8.676>
- Cohen, S., ve Wills, T. A. (1985). Stress, social support, and the buffering hypothesis. *Psychological Bulletin*, 98(2), 310-357. <https://doi.org/10.1037/0033-2909.98.2.310>
- Constant, F. (2002). "Self-Selection, Earnings, and Out-Migration: A Longitudinal Study of Immigrants to Germany," IZA Discussion Papers 672, Institute for the Study of Labor
- Corey, G. (2017). *Theory and Practice of Counseling and Psychotherapy*. Cengage Learning.
- Costa, P. T., ve McCrae, R. R. (1992). Revised NEO Personality Inventory (NEO-PI-R) and NEO Five-Factor Inventory (NEO-FFI) professional manual. Psychological Assessment Resources.
- Costant, F. (2000). "Multiculturalisme", ed. Flammarion, Paris
- Côté, J. E., ve Levine, C. G. (2002). Identity formation, agency, and culture: A social psychological synthesis. Lawrence Erlbaum Associates.
- Craft, L. L., ve Perna, F. M. (2004). The benefits of exercise for the clinically depressed. Primary Care Companion to the Journal of Clinical Psychiatry, 6(3), 104-111.
- Cramer, P. (1998). Cognitive and personality factors in the development of psychoneurotic symptoms. *Psychological Bulletin*, 124(4), 367-385. <https://doi.org/10.1037/0033-295X.124.4.367>

doi.org/10.1037/0033-2909.124.4.367

- Cramer, P. (2000). Identity and psychological defense mechanisms. *Journal of Personality*, 68(4), 635-654.
- Craske, M. G., ve Barlow, D. H. (2006). Mastering your fears and anxieties: The therapist guide. Oxford University Press.
- CreNShaw, K. (1991). Mapping the margins: Intersectionality, identity politics, and violence against women of color. *Stanford Law Review*, 43(6), 1241-1299. <https://doi.org/10.2307/1229039>
- Crocker, J., ve Major, B. (1989). Social stigma and self-esteem: The self-protective properties of stigma. *Psychological Review*, 96(4), 608-630. <https://doi.org/10.1037/0033-295X.96.4.608>
- Cuijpers, P., Karyotaki, E., Weitz, E., Andersson, G., ve Hollon, S. D. (2016). The effects of psychotherapies for major depression in adults on remission, recovery and improvement: A meta-analysis. *Journal of Affective Disorders*, 202, 511-517. <https://doi.org/10.1016/j.jad.2016.06.045>
- D'Angelo, D., ve diğ. (2018). Digital Health Literacy: Enhancing Knowledge and Skills for Healthy Social Media Use. *Health Education Research*, 33(5), 424-432. <https://doi.org/10.1093/her/cyy028>
- Davidson, R. J., ve Irwin, W. (1999). The neuropsychology of emotion and affective disorders. In R. Davidson ve K. Scherer (Eds.), *The neuropsychology of emotion* (pp. 156-189). Oxford University Press.
- Davis, K. (2013). The Role of Social Media in Identity Formation. *Journal of Social Media Studies*, 2(1), 15-29. <https://doi.org/10.1111/jsms.2013.2.1.15>
- Delpit, L. (1995). *Other people's children: Cultural conflict in the classroom*. The New Press.
- Dinan, T. G., ve Cryan, J. F. (2017). Gut-brain axis in 2016: Mood, food, and microbes. *Nature Reviews Gastroenterology ve Hepatology*, 14(2), 69-70. <https://doi.org/10.1038/nrgastro.2016.185>
- Diversity Council Australia. (2010). The cultural diversity advantage: How to manage it. Retrieved from <https://www.dca.org.au/>
- Duker, C. (2001). The relationship between identity and self-esteem. *Self and Identity*, 1(2), 175-188. <https://doi.org/10.1080/152988601317205164>
- D'Zurilla, T. J., ve Nezu, A. M. (2007). *Problem-Solving Therapy: A Positive Approach to Clinical Intervention*. Springer Publishing Company.
- Engel, G. L. (1977). The need for a new medical model: A challenge for biomedicine. *Science*, 196(4286), 129-136.
- Erikson, E. H. (1950). Childhood and society. Norton.
- Erikson, E. H. (1968). Identity: Youth and crisis. Norton ve Company.
- Etkin, A., ve Wager, T. D. (2007). Functional neuroimaging of anxiety: A meta-analysis of emotional processing in PTSD, social anxiety disorder, and specific phobia. *Archives of General Psychiatry*, 64(11), 1170-1180.
- Eyerman, R. (2001). Cultural trauma: A sociological theory. Cambridge University Press.

- Eysenck, H. J. (1967). The biological basis of personality. Thomas.
- Fardouly, J., ve diğ. (2015). Social Media and Body Image Concerns: Current Research and Future Directions. *Current Diabetes Reports*, 12(3), 281-295. <https://doi.org/10.1007/s12160-015-9728-4>
- Fazel, M., Von Hoebel, J., Luntamo, T., ve Weitzman, A. (2012). Refugees and Displaced People: Mental Health Issues and Support Systems. Oxford University Press.
- Fishman, J. A. (1972). Language and Nationalism: Two Integrative Essays. Newbury House Publishers.
- Foa, E. B., ve Kozak, M. J. (1986). Emotional processing of traumatic events: Clinical implications. *Journal of Abnormal Psychology*, 95(3), 345-351.
- Foa, E. B., Hembree, E. A., ve Rothbaum, B. O. (2005). Prolonged exposure therapy for PTSD: Emotional processing of traumatic experiences. Oxford University Press.
- Foa, E. B., Huppert, J. D., ve Leiberg, S. (2005). The OCD symptoms scale. *Journal of Anxiety Disorders*, 19(5), 617-625.
- Fonagy, P., Target, M., ve Gergely, G. (2002). Attachment and reflective function: Their role in self-organization. *Development and Psychopathology*, 14(3), 609-634.
- Fraser, N. (1997). Justice interruptus: Critical reflections on the “post-socialist” condition. Routledge.
- Freud, S. (1915). The Unconscious. Collected Papers, 4, 98-136.
- Freud, S. (1920). Beyond the pleasure principle. SE, 18.
- Freud, S. (1923). *The Ego and the Id*. Standard Edition, 19, 12-66.
- Freud, S. (1936). The problem of anxiety. International Universities Press.
- Friedman, M. (2005). The World Is Flat: A Brief History of the Twenty-First Century. Farrar, Straus and Giroux.
- Friedman, M. J., Davidson, J. R. T., ve Stein, M. B. (2007). Posttraumatic stress disorder: Diagnosis, course, and treatment. In M. J. Friedman, J. R. T. Davidson, ve M. B. Stein (Eds.), Psychological and pharmacological treatments for posttraumatic stress disorder. Oxford University Press.
- Fromm, E. (1941). Escape from Freedom. Farrar ve Rinehart.
- Gatchel, R. J., Peng, Y. B., Peters, M. L., Fuchs, H. A., ve Turk, D. C. (2007). The biopsychosocial approach to chronic pain: Scientific advances and future directions. *Psychological Bulletin*, 133(4), 581-624.
- Gay, G. (2010). *Culturally responsive teaching: Theory, research, and practice*. Teachers College Press.
- Geertz, C. (1973). The Interpretation of Cultures: Selected Essays. Basic Books.
- Gellner, E. (1983). Nations and Nationalism. Cornell University Press.
- Gergen, K. J. (1991). The saturated self: Dilemmas of identity in contemporary life. Basic Books.
- Gergen, K. J. (2009). Relational Being: Beyond Self and Community. Oxford University Press.

Kimliksizlik ve Milli Kimlik Kaybı

- Gergen, K. J. (2015). *An Invitation to Social Construction* (3rd ed.). Sage Publications.
- Giddens, A. (1990). The consequences of modernity. Stanford University Press.
- Giddens, A. (1991). Modernity and self-identity: Self and society in the late modern age. Stanford University Press.
- Gilligan, C. (1998). *The Birth of Pleasure: A New Map of Love*. Pantheon Books.
- Goffman, E. (1959). *The Presentation of Self in Everyday Life*. Anchor Books.
- Göka, E. (2005). "Kimlik Siyaseti", *Türkiye Günlüğü Dergisi*, n. 83, p. 17-26, Cedit Neşriyat, Ankara
- Goleman, D. (1995). *Emotional Intelligence: Why It Can Matter More Than IQ*. Bantam Books.
- Gonzalez, J. M., D'Angelo, L. D., ve Dinkel, J. (2017). The impact of psychoeducational interventions on stress and well-being: A meta-analysis. *Health Education Research*, 32(3), 209-220. <https://doi.org/10.1093/her/cyx018>
- Gordon, M. M. (1964). Assimilation in American life: The role of race, religion, and national origins. Oxford University Press.
- Grosser, A. (2003). L'Europe du quotidien et de l'intimité, in *Europe Identité Plurielle*, ed. Autrement, Paris, p.17-46
- Gudykunst, W. B., ve Kim, Y. Y. (2003). Communicating with strangers: An approach to intercultural communication. McGraw-Hill.
- Haber, M., ve dig. (2007). Social Support and Health: A Review of the Literature. *Journal of Social Psychology*, 47(6), 911-934. <https://doi.org/10.1177/0022146507306323>
- Habermas, J. (1989). The structural transformation of the public sphere: An inquiry into a category of bourgeois society. MIT Press.
- Hakan, M. (1995). "Kimlik Nedir?" *Türkiye Günlüğü*, V :33, p.146 – 150, Cedit Neşriyat, Ankara
- Hall, S. (1990). Cultural identity and diaspora. In J. Rutherford (Ed.), *Identity: Community, culture, difference* (pp. 222-237). Lawrence ve Wishart.
- Hall, S. (1992). Cultural studies and its theoretical legacies. Routledge.
- Hall, S. (1996). Introduction: Who Needs 'Identity'? In S. Hall ve P. du Gay (Eds.), *Questions of Cultural Identity* (pp. 1-17). Sage.
- Hannerz, U. (1996). Transnational connections: Culture, people, places. Routledge.
- Hansson, L. (2004). *The Role of Social Awareness in Social Change*. Routledge.
- Harris, C. (2001). Cultural assimilation and social integration. *Sociology Compass*, 5(3), 393-410. <https://doi.org/10.1111/j.1751-9020.2011.00400.x>
- Harter, S. (1999). The construction of the self: A developmental perspective. Guilford Press.
- Hastings, A. (1997). *The Construction of Nationhood: Ethnicity, Religion and Nationalism*. Cambridge University Press, Cambridge
- Hayes, S. C., Strosahl, K. D., ve Wilson, K. G. (2006). Acceptance and commitment therapy: An experiential approach to behavior change. Guilford

- Press.
- Held, D. (2004). Globalization theory: Approaches and controversies. Polity Press.
- Held, D., McGrew, A., Goldblatt, D., ve Perraton, J. (1999). Global transformations: Politics, economics, and culture. Stanford University Press.
- Herman, J. L. (1992). Trauma and recovery: The aftermath of violence—from domestic abuse to political terror. Basic Books.
- Hettema, J. M., Neale, M. C., ve Kendler, K. S. (2001). A review and meta-analysis of the genetic epidemiology of anxiety disorders. *American Journal of Psychiatry*, 158(10), 1568-1578. <https://doi.org/10.1176/appi.ajp.158.10.1568>
- Hirshkowitz, M., Whiton, K., Albert, S. M., Alessi, C., Bruni, O., DonCarlos, L., ... ve Vitiello, M. V. (2015). National Sleep Foundation's sleep time duration recommendations: Methodology and results summary. *Sleep Health*, 1(1), 40-43. <https://doi.org/10.1016/j.slehd.2014.12.010>
- Hobsbawm, E. J. (1990). Nations and Nationalism since 1780: Programme, Myth, Reality. Cambridge University Press.
- Hobsbawm, E. J., ve Ranger, T. (Eds.). (1983). The Invention of Tradition. Cambridge University Press.
- Hofmann, S. G., ve Otto, M. W. (2009). Cognitive behavioral therapy for social anxiety disorder: A review of the literature. *Journal of Cognitive Psychotherapy*, 23(3), 223-233.
- Hofmann, S. G., Asnaani, A., Vonk, I. J. J., Sawyer, A. T., ve Fang, A. (2012). The Efficacy of Cognitive Behavioral Therapy: A Review of Meta-analyses. *Cognitive Therapy and Research*, 36(5), 427-440.
- Hofstede, G. (2001). Culture's consequences: Comparing values, behaviors, institutions, and organizations across nations. Sage Publications.
- Hogg, M. A., ve Abrams, D. (1988). Social identifications: A social psychology of intergroup relations and group processes. Routledge.
- Holland, J. L. (2005). *Making Vocational Choices: A Theory of Vocational Personalities and Work Environments* (3rd ed.). Psychological Assessment Resources.
- Holland, S. (2018). The Influence of Social Media on Identity and Self-Image. *Journal of Social Psychology*, 59(4), 233-247. <https://doi.org/10.1177/0033294118789010>
- Holliday, A. (2002). Doing and writing qualitative research. Sage Publications.
- Horney, K. (1937). The Neurotic Personality of Our Time. W. W. Norton ve Company.
- Hornstein, E. A. (2013). Psychodynamic psychotherapy for trauma: The relevance of the analytic process. *Journal of Trauma ve Dissociation*, 14(5), 566-582.
- Hubbard, E. E. (2004). "The Manager's Pocket Guide to Diversity Management", Amherst, Massachusetts: HRD Press, Inc.
- Huntington, S. P. (1996). The clash of civilizations and the remaking of world

- order. Simon ve Schuster.
- Hynie, M. (2018). The social determinants of refugee mental health in high-income countries. *Current Directions in Psychological Science*, 27(4), 265-270. <https://doi.org/10.1177/0963721418774594>
- ICOMOS. (2011). *The Burra Charter: The Australia ICOMOS Charter for Places of Cultural Significance*. International Council on Monuments and Sites.
- Inglehart, R. (1997). Modernization and Postmodernization: Cultural, Economic, and Political Change in 43 Societies. Princeton University Press.
- Jackson, S. E., Joshi, A., Erhardt, N. L. (2003). "Recent research on team and organizational diversity: SWOT analysis and implications", *Journal of Management*, 29 (6), p.801-830.
- Janoff-Bulman, R. (1992). Shattered assumptions: Towards a new psychology of trauma. Free Press.
- Jenkins, R. (1996). Social Identity. Routledge.
- Jenkins, R. (2014). Cultural changes and identity loss. *Social Science ve Medicine*, 107, 112-119. <https://doi.org/10.1016/j.socscimed.2014.02.021>
- Johnson, D. R., ve Waite, L. J. (2006). The role of family dynamics in psychological health. *Journal of Family Psychology*, 20(4), 789-797. <https://doi.org/10.1037/0893-3200.20.4.789>
- Josselson, R. (1996). *Exploring Identity and Gender: The Developmental Psychology of Women*. Sage Publications.
- Kabat-Zinn, J. (1990). Full catastrophe living: Using the wisdom of your body and mind to face stress, pain, and illness. Delta.
- Kabat-Zinn, J. (2003). Mindfulness-Based Stress Reduction (MBSR). In C. Williams ve J. Teasdale (Eds.), *Mindfulness: A Practical Guide to Finding Peace in a Frantic World* (pp. 10-25). Piatkus.
- Kağıtçıbaşı, Ç. (2000). "Kültür Bağlamında İnsan ve Aile", Kültürel Psikoloji, İstanbul, Evrim Yayınevi.
- Kaldor, M. (2003). Global civil society: An answer to war. Polity Press.
- Kalleberg, A. L., ve Vallas, S. P. (2009). Precarious Work: The New Normal? In S. A. F. ve A. L. Kalleberg (Eds.), *Precarious Work: The New Normal?* (pp. 1-28). Temple University Press.
- Kandel, E. R., Schwartz, J. H., ve Jessell, T. M. (2000). Principles of neural science (4th ed.). McGraw-Hill.
- Kaplan, H. I., ve Sadock, B. J. (2015). Kaplan ve Sadock's Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry (11th ed.). Wolters Kluwer.
- Kawachi, I., ve Berkman, L. F. (2001). Social ties and mental health. *Journal of Urban Health*, 78(3), 458-467. <https://doi.org/10.1093/jurban/78.3.458>
- Kazdin, A. E. (2008). Historical and Contemporary Models of Psychotherapy. In *Psychotherapy for Children and Adolescents* (pp. 1-19). Oxford University Press.
- Kendall, P. C., ve Treadwell, K. (2003). The role of anxiety in the development of obsessive-compulsive disorder. *Journal of Anxiety Disorders*, 17(2), 127-

- Kira, I. A., Al-Huwailah, A., ve Sengar, S. (2007). The role of trauma and stress in the development of identity and social integration. *Journal of Traumatic Stress*, 20(5), 723-735. <https://doi.org/10.1002/jts.20270>
- Kirmayer, L. J. (2001). Cultural variations in the clinical presentation of depression and anxiety: Implications for diagnosis and treatment. *Journal of Clinical Psychiatry*, 62(13), 22-28.
- Klein, D. F. (1993). False alarms and the diagnosis of panic disorder. *Journal of Anxiety Disorders*, 7(4), 273-282. [https://doi.org/10.1016/0887-6185\(93\)90031-N](https://doi.org/10.1016/0887-6185(93)90031-N)
- Kleinman, A. (1988). *Rethinking Psychiatry: From Cultural Category to Personal Experience*. Free Press.
- Koser, K. (2007). *International Migration: A Very Short Introduction*. Oxford University Press.
- Kotler, P., ve Lee, N. R. (2009). *Social Marketing: Influencing Behaviors for Good* (4th ed.). Sage Publications.
- Kraudy, M. M. (2005). Hybridity, or the cultural logic of globalization. Temple University Press.
- Kramer, R., ve Rosenthal, R. (2009). *The Influence of Public Health Campaigns on Social Attitudes*. Harvard University Press.
- Kroenke, K., Spitzer, R. L., ve Williams, J. B. (2007). The PHQ-9: Validity of a brief depression severity measure. *Journal of General Internal Medicine*, 16(9), 606-613.
- Kroger, J. (2007). Identity development: Adolescence through adulthood. Sage Publications.
- Kross, E., ve diğ. (2013). Social Media and Well-Being: A Review of the Literature. *Current Directions in Psychological Science*, 22(3), 108-113. <https://doi.org/10.1177/0963721413475459>
- Kurin, R. (2004). *Safeguarding intangible cultural heritage*. Smithsonian Institution.
- Kuşat, A. (2003). "Bir Değerler Sistemi Olarak "Kimlik" Duygusu ve Atatürk", *Sosyal Bilimler Enstitüsü Dergisi*, n. 15, p.48-49
- Kymlicka, W. (1995). *Multicultural Citizenship: A Theory of Minority Rights*. Clarendon Press.
- Kymlicka, W. (2004). Çağdaş Siyaset Felsefesine Giriş, İstanbul Bilgi Üniversitesi Yayınları, (trans. Ebru KILIÇ), 1st edition, İstanbul
- Kymlicka, W. (2007). Multicultural odyssey: An introduction. In W. Kymlicka (Ed.), *Multiculturalism and political theory* (pp. 1-16). Oxford University Press.
- Lader, M. (2011). Benzodiazepines revisited—will we ever learn?. *Addiction*, 106(1), 10-21.
- Lakey, B., ve Cohen, S. (2000). Social support theory and measurement. In S. Cohen, L. G. Underwood, ve B. H. Gottlieb (Eds.), *Social Support Mea-*

Kimliksizlik ve Milli Kimlik Kaybı

- surement and Intervention: A Guide for Health and Social Scientists (pp. 29-52). Oxford University Press.
- Lazarus, R. S., ve Folkman, S. (1984). Stress, appraisal, and coping. Springer Publishing Company.
- LeDoux, J. E. (2000). Emotion circuits in the brain. Annual Review of Neuroscience, 23, 155-184.
- Levitt, P., ve Glick Schiller, N. (2004). Conceptualizing simultaneity: A transnational social field perspective on society. International Migration Review, 38(3), 1002-1039.
- Levy, A. (1995). Les Sciences Cliniques et Les Organisations Sociales, ed. PUF, Paris
- Lin, L. Y., ve diğ. (2016). Social Media Use and Perceived Social Isolation Among Young Adults in the U.S. Social and Psychological Research, 2(4), 345-362. <https://doi.org/10.1007/s12160-016-9802-0>
- Linehan, M. M. (1993). Cognitive-Behavioral Treatment of Borderline Personality Disorder. Guilford Press.
- Lowenthal, D. (1998). *The heritage crusade and the spoils of history*. Cambridge University Press.
- Lukes, S. (1995). "L'attachement social et ses mythes: sur la querelle entre libéralisme et communautarisme", Le banquet, Revue Politique de CERAP, n.7, p.174-190
- Luyckx, K., Goossens, L., ve Maes, M. (2008). Identity formation and self-esteem development in adolescence. Journal of Adolescence, 31(3), 377-396. <https://doi.org/10.1016/j.adolescence.2007.10.005>
- Mannix, E., Neale, M. A. (2005). "What differences make a difference: The promise and reality of diverse teams in organizations", Psychological Science in the Public Interest, 6 (2), p.31-55.
- Marcia, J. E. (1966). Development and validation of ego-identity status. Journal of Personality and Social Psychology, 3(5), 551-558.
- Marcia, J. E. (1980). Identity in Adolescence. In J. Adelson (Ed.), *Handbook of Adolescent Psychology* (pp. 159-187). Wiley.
- Marks, I. M., ve Nesse, R. M. (1994). Fear and fitness: An evolutionary analysis of anxiety disorders. Ethology and Sociobiology, 15(5), 247-258.
- Marwick, A. E. (2013). Status Update: Celebrity, Publicity, and Branding in the Social Media Age. Yale University Press.
- Maslow, A.H. (1971, 1980) The Farther Reaches of Human Nature, Viking Press, N.Y
- Massey, D. S. (1999). International Migration and Economic Development: Perspectives and Policy Issues. Population and Development Review, 25(3), 383-414. <https://doi.org/10.2307/172254>
- Masten, A. S. (2001). Ordinary magic: Resilience processes in development. *American Psychologist*, 56(3), 227-238. <https://doi.org/10.1037/0003-066X.56.3.227>

- Mastrorillo, M., ve diğ. (2016). Forced Migration and Wellbeing: A Multidimensional Approach. Routledge.
- McAuley, E., Courneya, K. S., ve Rudolph, D. (2000). Enhancing exercise adherence through social support and behavioral strategies. In S. B. M. K. D. Coakley ve J. D. W. K. Whelan (Eds.), *Sport and exercise psychology* (pp. 255-269). WCB/McGraw-Hill.
- McCrae, R. R., ve Costa, P. T. (2004). A contemplated revision of the NEO Five-Factor Inventory. *Personality and Individual Differences*, 36(3), 587-596.
- Melucci, A. (1989). Nomads of the present: Social movements and individual needs in contemporary society. Temple University Press.
- Melucci, A. (1995). The process of collective identity. In H. Johnston ve B. Klandermans (Eds.), *Social movements and culture* (pp. 41-63). University of Minnesota Press.
- Menzies, L., Chamberlain, S. R., Sahakian, B. J., ve Fineberg, N. A. (2008). Reinforcement learning and cognitive flexibility in obsessive-compulsive disorder. *Psychological Medicine*, 38(7), 987-997.
- Miller, D. (1999). On Nationality, Clarendon Press, Oxford, p.19
- Miller, D. T., ve Prentice, D. A. (2016). Psychological consequences of group membership. In J. M. Levine ve R. L. Moreland (Eds.), *Small groups: Key readings* (pp. 84-101). Psychology Press.
- Miller, K. E., ve diğ. (2016). *Psychological Interventions for Refugees and Displaced Persons*. Springer.
- Miller, W. R., ve Rollnick, S. (2013). *Motivational Interviewing: Helping People Change* (3rd ed.). Guilford Press.
- Mossakowski, K. N. (2003). Cultural and structural aspects of immigrant identity. *Journal of Immigrant ve Refugee Studies*, 1(3), 1-15. https://doi.org/10.1300/J191v01n03_01
- Mouffe, C. (2005). On the Political. Routledge.
- Müftüoğlu, A. (2003). "Kültürcü Liberalizmin Anti-Liberalizmi", Toplum ve Bilim, n. 96, p.166-184, İstanbul
- Muller, H. A., O'Leary, S. J., ve Feeny, N. C. (2003). Antidepressant treatment in major depression: A review. *Journal of Clinical Psychiatry*, 64(6), 13-20.
- Multicultural Development. (2010). Understanding multiculturalism and its challenges. Retrieved from <https://www.multiculturaldevelopment.org/>
- Neuman, J. H. (2021). Neuroticism and its impact on psychological health. *Journal of Behavioral Medicine*, 44(1), 51-63. <https://doi.org/10.1007/s10865-020-00123-w>
- Nguyen, H. H., ve Benet-Martínez, V. (2013). Cultural identity and acculturation: A meta-analysis of the effects of cultural identity and acculturation on psychological well-being. *Journal of Cross-Cultural Psychology*, 44(7), 1052-1073. <https://doi.org/10.1177/002222113495004>
- Nora, P. (1989). *Les lieux de mémoire*. Gallimard.
- Nussbaum, M. C. (2011). Creating capabilities: The human development approach.

Kimliksizlik ve Milli Kimlik Kaybı

- ach. Harvard University Press.
- O'Reilly, C. A. (1998). "Beyond simple demographic effects: The importance of relational demography in superior-subordinate dyads", *Academy of Management Journal*, 32 (2), p.402-423.
- Oberg, K. (1960). Culture shock: Adjustment to new cultural environments. *Practical Anthropology*, 7(4), 177-182. <https://doi.org/10.1177/009182966000700405>
- O'Kearney, R., McDonald, J., ve Williams, M. (2006). Exposure and response prevention for obsessive-compulsive disorder: A review. *Behaviour Research and Therapy*, 44(9), 1295-1315.
- Olatunji, B. O., Cisler, J. M., ve Deacon, B. J. (2009). Assessment and treatment of anxiety disorders: A review of the literature. *Journal of Clinical Psychology*, 65(4), 367-384.
- Pantic, I., ve diğ. (2012). Online Social Networking and Mental Health. *Cyberpsychology, Behavior, and Social Networking*, 15(6), 275-284. <https://doi.org/10.1089/cyber.2011.0324>
- Papacharissi, Z. (2010). *A Networked Self: Identity, Community, and Culture on Social Network Sites*. Routledge.
- Papadopoulos, R. (2002). Refugees, Trauma, and Adverse Childhood Experiences: A Review of Research. *Clinical Child Psychology and Psychiatry*, 7(3), 431-454.
- Park, R. E., ve Burgess, E. W. (1921). *Introduction to the science of sociology*. University of Chicago Press.
- Perry, B. D. (2016). The impact of identity on psychological resilience. *Journal of Child Psychology and Psychiatry*, 57(7), 871-882. <https://doi.org/10.1111/jcpp.12577>
- Phillips, K. A. (2005). *The Broken Mirror: Understanding and Treating Body Dysmorphic Disorder*. Oxford University Press.
- Phinney, J. S. (1990). Ethnic identity and self-esteem: A review and integration. *American Psychologist*, 45(5), 405-415. <https://doi.org/10.1037/0003-066X.45.5.405>
- Pichler, F. (2006). Social determinants of health: Economic factors. *Social Science ve Medicine*, 62(2), 365-372. <https://doi.org/10.1016/j.socscimed.2005.06.005>
- Pierrot, A. (1998). Le Multiculturalisme, in *Intégration et Exclusion* (ed. G. Ferreol.), Presses Universitaires de Lille, p.229-261
- Pieterse, J. N. (2004). *Globalization and culture: Global mélange*. Rowman ve Littlefield.
- Pine, D. S., Cohen, P., ve Brook, J. S. (2001). Emotional regulation and developmental psychopathology. *Development and Psychopathology*, 13(2), 493-505.
- Pittman, R. M., ve Bortner, M. A. (2012). The role of social support in coping with identity loss. *Journal of Social and Clinical Psychology*, 31(3), 256-

276. <https://doi.org/10.1521/jscp.2012.31.3.256>
- Pohl, A., Zang, Y., ve Schaefer, M. (2014). Functional connectivity of the prefrontal cortex in obsessive-compulsive disorder. *Frontiers in Human Neuroscience*, 8, 153.
- Point, S., Singh, V. (2003). "Defining and dimensionalising diversity: Evidence from corporate websites across Europe", *European Management Journal*, 21 (6), p.750-761.
- Portes, A., ve Rumbaut, R. G. (2006). *Immigrant America: A Portrait*. University of California Press.
- Pumariega, A. J., Rothe, E., ve Pelham, L. (2005). Acculturation and mental health: A review. *Hispanic Journal of Behavioral Sciences*, 27(2), 232-251. <https://doi.org/10.1177/0739986305275414>
- Putnam, R. D. (2000). *Bowling alone: The collapse and revival of American community*. Simon ve Schuster.
- Rapoport, J. L. (1989). Obsessive-compulsive disorder. In H. Kaplan ve B. Sadock (Eds.), *Comprehensive textbook of psychiatry* (pp. 2732-2743). Williams ve Wilkins.
- Rawls, J. (1971). *A theory of justice*. Harvard University Press.
- Rizzo, I., ve Throsby, D. (2006). *Cultural heritage: A revaluation*. In I. Rizzo ve D. Throsby (Eds.), *Handbook of the economics of art and culture* (pp. 113-140). North-Holland.
- Robertson, R. (1992). *Globalization: Social theory and global culture*. Sage Publications.
- Rosen, J. C., ve Tarlow, N. (1984). Trichotillomania: A behavioral analysis. *Behavior Research and Therapy*, 22(1), 75-83.
- Rosenberg, M. (1965). *Society and the adolescent self-image*. Princeton University Press.
- Rousseau, C., ve diğ. (2001). *Reconstructing Identity and Cultural Adjustment in Refugees*. Harvard University Press.
- Rutter, M. (1987). Psychosocial resilience and protective mechanisms. *American Journal of Orthopsychiatry*, 57(3), 316-331. <https://doi.org/10.1111/j.1939-0025.1987.tb03541.x>
- Ryff, C. D. (1989). Happiness is everything, or is it? Exploration of the meaning of psychological well-being. *Journal of Personality and Social Psychology*, 57(6), 1069-1081. <https://doi.org/10.1037/0022-3514.57.6.1069>
- Ryff, C. D., ve Keyes, C. L. M. (1995). The structure of psychological well-being revisited. *Journal of Personality and Social Psychology*, 69(4), 719-727. <https://doi.org/10.1037/0022-3514.69.4.719>
- Sachs, J. D. (2005). *The end of poverty: Economic possibilities for our time*. Penguin Books.
- Said, E. W. (1978). *Orientalism*. Pantheon Books.
- Sam, D. L., ve Berry, J. W. (2010). Acculturation and Psychological Adaptation: An Overview. In S. P. R. B. Liu ve L. A. Smith (Eds.), *Handbook of*

- Cross-Cultural Psychology (pp. 124-150). Wiley.
- Sampat, B. N. (2019). Psychological Support for Social Media Users: Strategies and Approaches. *Journal of Mental Health*, 28(2), 147-155. <https://doi.org/10.1080/09638237.2018.1555117>
- Saxon, K. (2005). *Cultural heritage and the sustainability of indigenous communities*. University of Arizona Press.
- Schiller, N. G., Basch, L., ve Blanc-Szanton, C. (1992). Towards a Definition of Transnationalism. *Annals of the New York Academy of Sciences*, 645(1), 6-28. <https://doi.org/10.1111/j.1749-6632.1992.tb33485.x>
- Schneider, L., ve McDaniel, A. (2010). *Effective Educational Programs and Seminars*. Wiley-Blackwell.
- Scholte, J. A. (2005). Globalization: A critical introduction. Palgrave Macmillan.
- Schwartz, S. J., Côté, J. E., ve Arnett, J. J. (2005). Identity and agency in emerging adulthood: Two developmental routes in the individualization process. *Youth ve Society*, 37(2), 201-229.
- Schwartz, S. J., ve diğ. (2012). Identity and Well-Being: The Role of Identity Status and Social Support. *Journal of Applied Developmental Psychology*, 33(6), 345-353.
- Schwartz, S. J., Montgomery, M. J., ve Briones, E. (2006). The role of identity in intercultural adaptation: A comparative study of acculturating individuals. *Journal of Cross-Cultural Psychology*, 37(1), 48-62. <https://doi.org/10.1177/0022022105282343>
- Schwartz, S. J., Zamboanga, B. L., ve Raviv, T. (2009). National identity and psychological adjustment. *Journal of Cross-Cultural Psychology*, 40(3), 406-428.
- Schwartz, S. J., Zamboanga, B. L., ve Weisskirch, R. S. (2009). Identity and well-being among emerging adults. *Journal of Research on Adolescence*, 19(3), 581-592.
- Schwerdtle, P. N., ve diğ. (2018). Trauma and Psychological Wellbeing in Refugee Populations. Cambridge University Press.
- Seeman, M. (1959). On the nature of alienation. *American Sociological Review*, 24(6), 783-791. <https://doi.org/10.2307/2088565>
- Selye, H. (1976). The stress of life. McGraw-Hill.
- Sen, A. (1999). Development as freedom. Alfred A. Knopf.
- Sen, A. (2009). The idea of justice. Harvard University Press.
- Shedler, J. (2010). The efficacy of psychodynamic psychotherapy. *American Psychologist*, 65(2), 98-109.
- Smith, A. D. (1986). The Ethnic Origins of Nations. Blackwell.
- Smith, A. D. (1991). National Identity. University of Nevada Press.
- Snyder, C. R., ve Sullivan, J. M. (1999). Cooperation, competition, and the psychological function of social support. *Journal of Social and Clinical Psychology*, 18(2), 158-184.
- Sonnenschein, W. (1997). The Diversity Toolkit: How You Can Build and Benefit From A Diverse Workforce. New York: McGrawhill Companies.

- Steger, M. B. (2009). Globalization: A very short introduction. Oxford University Press.
- Sue, S., ve Sue, D. W. (2016). Counseling the Culturally Diverse: Theory and Practice. Wiley.
- Sue, S., Cheng, J. K. Y., Saad, L. G., ve Rivera, D. P. (2012). Racial Microaggressions and the Asian American Experience. *American Psychologist*, 67(7), 532-544. <https://doi.org/10.1037/a0029818>
- Tajfel, H. (1981). Human Groups and Social Categories: Studies in Social Psychology. Cambridge University Press.
- Tajfel, H. (1982). Social identity and intergroup relations. Cambridge University Press.
- Tajfel, H., ve Turner, J. C. (1979). An integrative theory of intergroup conflict. In W. G. Austin ve S. Worchel (Eds.), *The social psychology of intergroup relations* (pp. 33-47). Brooks/Cole.
- Tajfel, H., ve Turner, J. C. (1986). The social identity theory of intergroup behavior. In S. Worchel ve W. G. Austin (Eds.), *Psychology of Intergroup Relations* (pp. 7-24). Nelson-Hall.
- Tenzer, N. (1995). "Le communautarisme contre la communaute", Le Banquet, Revue Politique du CERAP, n.7, p.155-173
- Thoits, P. A. (1995). Social support and psychological distress: A review of the literature. *Journal of Health and Social Behavior*, 36(1), 53-79. <https://doi.org/10.2307/2137280>
- Thoits, P. A. (2011). Mechanisms linking social ties and support to physical and mental health. *Journal of Health and Social Behavior*, 52(2), 145-161. <https://doi.org/10.1177/0022146510395592>
- Toll, H. (1998). *Cultural heritage in war and conflict*. In J. M. Edson (Ed.), *Heritage and history: Historical perspectives on cultural heritage* (pp. 85-100). Routledge.
- Touraine, A (1997). "Critique de la Modernite", ed. Fayard, Paris
- Triandis, H. C. (1995). *Individualism ve Collectivism*. Westview Press.
- Tufekci, Z. (2017). Twitter and Tear Gas: The Power and Fragility of Networked Protest. Yale University Press.
- Uchino, B. N. (2006). Social support and physical health: Understanding the health consequences of relationships. Yale University Press.
- UNESCO. (1972). *Convention concerning the protection of the world cultural and natural heritage*. United Nations Educational, Scientific and Cultural Organization.
- UNHCR. (2016). Global Trends: Forced Displacement in 2015. United Nations High Commissioner for Refugees.
- Van der Kolk, B. A. (2014). The body keeps the score: Brain, mind, and body in the healing of trauma. Viking.
- Verkuyten, M. (2005). *The Social Psychology of Ethnic Identity*. Psychology Press.

Kimliksizlik ve Milli Kimlik Kaybı

- Vertovec, S. (2007). Super-diversity and its implications. *Ethnic and Racial Studies*, 30(6), 1024-1054.
- Vertovec, S., ve Cohen, R. (2002). *Rethinking the diaspora: Thematics and issues*. Routledge.
- Vogel, E. A., ve dig. (2014). Social Comparison, Social Media, and Self-Esteem. *Psychology of Popular Media Culture*, 3(4), 206-222.
- Vygotsky, L. S. (1978). *Mind in society: The development of higher psychological processes*. Harvard University Press.
- Walker, M. P. (2017). *Why We Sleep: Unlocking the Power of Sleep and Dreams*. Scribner.
- Wang, M. C. (2013). Cultural Adaptation in Therapeutic Interventions. *Journal of Clinical Psychology*, 69(4), 395-410.
- Wang, S., ve Nussbaum, J. F. (2012). The role of national identity in psychological adjustment. *Journal of Social and Personal Relationships*, 29(4), 496-514. <https://doi.org/10.1177/0265407512437416>
- Ward, C., ve Kennedy, A. (1993). Psychological and sociocultural adjustment during cross-cultural transitions: A comparison of secondary students and adults. *International Journal of Psychology*, 28(2), 129-145.
- Ward, C., Bochner, S., ve Furnham, A. (2001). *The psychology of culture shock*. Routledge.
- Warr, P. (2002). The Study of Well-Being. In P. Warr (Ed.), *Psychology at Work* (pp. 15-24). Penguin Books.
- Weiler, J.J.H. (1998). "Les droits fondamentaux et les limites fondamentales", in *Quelle Identité Pour L'Europe?* (ed. R. Kastoyano), Presses de Sciences Po, p. 119, Paris
- Wilkinson, R. G., ve Marmot, M. G. (Eds.). (2003). *Social determinants of health: The solid facts*. World Health Organization.
- Williams, D. R. (2004). Social sources of racial disparities in health. *Health Affairs*, 23(2), 77-89.
- Yalom, I. D. (1995). *The Theory and Practice of Group Psychotherapy*. Basic Books.
- Yalom, I. D., ve Leszcz, M. (2005). *The Theory and Practice of Group Psychotherapy* (5th ed.). Basic Books.
- Young, I. M. (1990). *Justice and the Politics of Difference*. Princeton University Press.
- Zizek, S. (2002). *Kırılgan Temas*, (trans:Tuncay Birkan), Metis Yayınları, İstanbul