

BÖLÜM 21

Yaşlılıkta Beslenme ve Yeme Bozuklukları ve Profesyonel Yaklaşım

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Öğrenme Hedefleri

1. Yaşlılıkta beslenmenin önemi konusunda bilgi sahibi olma
2. Yaşlılıkta görülen yeme bozukluklarının etiyojisini anlayabilme
3. Yaşlılıkta görülen yeme bozukluklarının semptomlarını ayırt edebilme
4. Yaşlılıkta görülen yeme bozukluklarının tedavi süreci hakkında bilgi sahibi olma
5. Yaşlılıkta görülen beslenme ve yeme bozukluklarına yönelik profesyonel yaklaşımı kavrama

Bölüm Başlıkları

Giriş

Yaşlılıkta Beslenme ve Yeme Bozuklukları

Yaşlılıkta Anoreksiya Nervoza

Yaşlılıkta Bulimia Nervoza

Yaşlılıkta Tıkanırçasına Yeme Bozukluğu

Yaşlılık Dönemi Diğer Yeme Bozuklukları

Yaşlılıkta Beslenme ve Yeme Bozukluklarına Yönelik Profesyonel Yaklaşım

Örnek Vaka

Gözden Geçirme Soruları

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