

BÖLÜM 19

Yaşlılıkta Kişilik Bozuklukları ve Profesyonel Yaklaşım

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Öğrenme Hedefleri

1. Yaşlılarda kişilik bozukluklarını tanımlayabilme
2. Yaşlılarda kişilik bozukluğu yaygınlığı ve klinik seyrini kavrayabilme
3. Yaşlılardaki kişilik bozukluklarına psikososyal müdahaleleri uygulayabilme

Bölüm Başlıkları

Giriş

Yaşlılarda Kişilik Bozuklukları

Yaşlılarda Kişilik Bozuklukları Yaygınlığı ve Klinik Seyri

Geç Yaşamda Kişilik Bozukluklarının Klinik Sunumları

- Paranoid Kişilik Bozukluğu”
- Şizoid Kişilik Bozukluğu
- Şizotipal Kişilik Bozukluğu
- Antisosyal/Disosyal Kişilik Bozukluğu
- Sınır (Borderline) Kişilik Bozukluğu
- Histriyonik Kişilik Bozukluğu
- Narsistik Kişilik Bozukluğu
- Kaçınan/Endişeli Kişilik Bozukluğu
- Bağımlı Kişilik Bozukluğu
- Obsesif-Kompulsif Kişilik Bozukluğu

Teşhis Kriterleri ve Araçları

Psikososyal Müdahaleler

Vaka Sunumu

Gözden Geçirme Soruları

Kaynaklar

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5. Aşağıdakilerden hangisi ileri yaşamda görülen kişilik bozuklukları için doğru bir yaklaşım değildir?

A. Klinik uygulamalarda; yaşlı insanların genç insanlardan daha fazla tolere edilmesi gerekir

B. Klinisyenler, ilerlemenin sağlanabileceği terapötik bir çerçeveyi sürdürmek için sınırlara bağlı kalmalıdır.

C. Ekip, hastayla ilişkilerinde tutarlılığı sağlamak için kısa ve uzun vadeli hedefleri düzenli olarak gözden geçirmelidir.

D. Personelin öfkesi hastaya değil, personel toplantılarında açığa çıkarılmalıdır.

E. İntihara meyilli veya kendine zarar verme davranışları şefkatle ancak kesin sınırlar koyarak tedavi edilmelidir.

Cevap anahtarı: 1-B; 2-E; 3-D; 4-C; 5-A

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