

BÖLÜM 14

Yaşlılıkta Depresyon ve Profesyonel Yaklaşım

Çiğdem ALACA¹

Öğrenme Hedefleri

1. Yaşlılık döneminde görülen depresyon ve ilgili kavramları tanımlayabilme
2. Yaşlılık döneminde görülen depresyon bozukluklarının risk faktörlerini bilme
3. Yaşlılık döneminde görülen depresyon bozukluklarını koruyucu faktörleri ve önlenmesi ile ilgili bilgi sahibi olma
4. Yaşlılık döneminde görülen depresyon bozukluklarının tanı ve değerlendirmesini bilme
5. Yaşlılık döneminde görülen depresyon bozukluklarının belirtilerini bilme
6. Yaşlılık döneminde görülen depresyon bozukluklarının tedavi ve sağılatım yöntemlerini bilme

Bölüm Başlıkları

Giriş

Depresyonun Tanımı

Yaşlılık Dönemi Depresyonunda Sıklık ve Yaygınlık

Yaşlılık Dönemi Depresyonunda Risk Faktörleri

Yaşlılık Dönemi Depresyonunun Önlenmesi ve Koruyucu Faktörler

Yaşlılık Dönemi Depresyonunda Tanı ve Değerlendirme

Yaşlılık Dönemi Depresyonunda Belirtiler

Yaşlılık Dönemi Depresyonunda Tedavi ve Sağılatım

Örnek Vaka

Gözden Geçirme Soruları

Kaynaklar

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