

## GİRİŞ

Yüzeysel tromboflebit, yüzeysel venlerde oluşan trombüsün sebep olduğu inflamatuvar bir durumdur. Bu durum genellikle üst ve alt ekstremitelerde yer alan yüzeysel venlerde görülür. Yüzeysel ven trombozu olarak da bilinen yüzeysel tromboflebit, venin içinde oluşan pıhtının ven duvarına irritasyon ve inflamasyonu ile birlikte seyrettiği bir durumdur (2). Bazı yazarlar yüzeysel venöz trombozun daha doğru bir terim olduğunu düşünmektedir çünkü inflamasyon ve enfeksiyonun birincil hastalığın bir parçası olmadığını belirtmektedirler (3). SVT, genellikle alt ekstremitelerdeki yüzeysel venlerde daha sık görülen bir durumdur. Özellikle bacaklardaki safen venlerinde (safenofemoral, safenopopliteal) ve bunların yanı sıra yüze, boyun veya kol gibi diğer bölgelerdeki yüzeysel venlerde de görülebilir (4).

## KLİNİK BULGULAR

Yüzeysel tromboflebitin klinik semptomları, genellikle etkilenen bölgede hissedilen belirtilerle kendini gösterir. Bunlar arasında şunlar yer alabilir:

- Ağrı: Tromboflebitin en yaygın semptomu ağrıdır. Genellikle etkilenen bölgede lokalize ve hassas bir ağrı hissi vardır. Ağrı, hareketle veya baskıyla artabilir (2,4).
- Kızarıklık ve ısı artışı: Tromboflebitin olduğu bölgede deri kızarabilir ve ısınabilir. İltihaplanma nedeniyle ciltteki kan akışı artabilir (2).

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