

# BÖLÜM 13



## Kardiyak Tamponat

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### GİRİŞ

Kardiyak tamponat, tıbbi veya travmatik yolla perikardiyal boşlukta yeterli sıvı biriktiğinde kalbe baskı yaparak kardiyojenik şok tablosuna yol açan acil klinik bir durumdur (1). Kardiyak tamponat, kardiyojenik şok ve kardiyak arrest gibi hayatı tehdit edici acil klinik bir durum olduğundan acil tedavi edilmesi gereken klinik bir tanıdır. Perikardiyal efüzyon hemodinamik bozukluğa yol açmayan anatomik bir tanı iken, kardiyak tamponat ise hemodinamik bozukluğa neden olan fizyolojik ve klinik bir tanıdır (2).

### EPİDEMİYOLOJİ

Kardiyak tamponat görülme insidansı Amerika Birleşik Devletleri’nde 10.000 nüfus başına iki vakadır. Kardiyak tamponat; özellikle sepsis, göğüs travması, metastatik kanser ve akut koroner sendrom hastalarında daha yüksek mortalite oranları taşır (3). Kardiyak tamponat, erkeklerde kadınlara göre biraz daha yaygın görülmektedir. Malignite ve böbrek yetmezliğine bağlı kardiyak tamponat yaşlı bireylerde daha sık görülür (4).

### ETİYOLOJİ

Kardiyak tamponatın en sık sebebi malign hastalıklardır. Ülkemizde ise tüberküloz perikarditidir(5). Perikardiyal effüzyonun tamponata doğru ilerleme olasılığı

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