

MEME KANSERİNDE LUMPEKTOMİ

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GİRİŞ

Meme kanserinde meme koruyucu terapi (MKT); meme koruyucu cerrahi (MKC) (örn: lumpektomi, parsiyel/segmental mastektomi) ve rezidü hastalığın eradikasyonu için tipik olarak uygulanan radyoterapi (RT)'yi tanımlamaktadır. Erken evre meme kanserli hastalarda mastektomiye alternatif olarak geliştirilmiştir. Lumpektomi, sağlam meme dokusu arasından kanserli veya anormal dokuyu cerrahi olarak çıkarma işlemidir ve anormal veya kanserli doku beraberinde sirkümfarensiyel olarak bir miktar sağlam dokunun da çıkarılması ile gerçekleştirilir (1). Bu bölümde lumpektomi kime uygulanır, preoperatif, peroperatif ve postoperatif yönetimi nasıldır, onu tartışacağım.

ENDİKASYONLAR

Meme kanserinde MKC için endikasyondan daha çok kontrendikasyonlar ameliyat kararı için değerlendirmeye alınır. İnflamatuvar meme kanserinde kesinlikle MKC uygulanmaz. Neoadjuvan kemoterapiye (KT) tam yanıt alınmış olsa bile modifiye radikal mastektomi (MRM) uygulanır ve sonrasında RT verilir (1).

Tek bir insizyon ile kapsanamayacak şekilde memenin ayrı kadranslarında olan iki veya daha fazla odaklı hastalık (multisentrik) durumunda MKC yapılmaz (2).

Mamografide yaygın malign mikrokalsifikasyonların varlığı kontrendikasyon olarak değerlendirilir (3).

Etkilenen memenin bir kısmını kapsayan, önerilen tedaviyle birleştiğinde göğüs duvarına aşırı yüksek toplam radyasyon dozuyla sonuçlanacak daha önce terapötik RT öyküsü olması MKC kontrendikasyonudur (4).

Hamilelikte ilk trimesterde meme kanseri teşhisi alan hastalar mastektomi ile tedavi edilmelidir. 2. ve 3. trimesterde teşhis edilen meme kanseri MKC, adjuvan KT ve doğum sonrasında RT veya neoadjuvan KT ardından ameliyat, doğum sonrası RT ile tedavi edilebilir (5).

MKC sonrası çok sayıda re-eksizyon girişimine rağmen kalıcı olarak pozitif rezeksiyon sınırının varlığında mastektomi uygulanır (6-7).

Bağ dokusu hastalığı öyküsü olan bazı hastalar ışınlamayı zayıf bir şekilde tolere eder ve bu nedenle özellikle skleroderma ve sjögren hastalığında kontrendikedir (8-9).

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