

# BÖLÜM 5

## Kanser Hastalarında Bakteriyel Enfeksiyonlar

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### GİRİŞ

Kanser hastalarında enfeksiyonlar önemli bir morbidite ve mortalite nedenidir. Kanser ve kanser tedavisi sırasında uygulanan kemoterapi bağışıklık sisteminin baskılanmasına ve enfeksiyonların ortayamasına zemin hazırlamaktadır (1). Bakteriyel enfeksiyonlar çoğunlukla bu hastalarda tedavi sürecindeki aksamlar, uzamiş hastanede yatis süreleri, azalan yaşam süresi ve tedavi maliyetlerindeki artışı da beraberinde getirmektedir. Mortalite oranları kanser hastalarında son yıllarda azalmakta olsa da, bakteri ve mantarlar ölüm nedenlerinde başı çekmektedir (2). Enfeksiyonların uygun yönetimi ve tedavisi sık ortaya çıkan patojenleri ve antibiyotik duyarlılık paternlerini iyi anlamak ve en uygun empirik antibiyotik tedavilerini uygulamaya dayanır. Gram negatif bakteriyel enfeksiyonlar son 20 yılda azalmakta iken, gram pozitif ajanlar çok daha sık ortaya çıkmaktadır (3). Empirik antibiyotik kullanımı mortalite oranlarını bu hastalarda azaltmasına rağmen bir yandan da çok ilaca dirençli bakterilerin ortayamasına neden olmaktadır (4). Kanser hastalarında hem enfeksiyonları önlemek hem de tanı sonrası tedavide başarılı olabilmek için, farklı tümör tiplerinde ve farklı kemoterapi tedavileri altında en sık ortaya çıkan patojenlerin doğasını iyi anlamak gerekmektedir (5).

### KANSERE NEDEN OLABİLEN ENFEKSİYONLAR

Bakteri ilişkili kanser gelişimine bakıldığından; bazı bakterilerin hücre yüzey komponentlerindeki değişiklikler, toksin aracılı hücre transformasyonu ve insan hü-

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nilmaktadır (36). Alternatif olarak perkutanöz nefrostomi tüpleri de kullanılabilir mektedir. Stent ve nefrostomi tüplerinin kullanımına bağlı olarak da pyelonefrit enfeksiyonları açısından risk artmaktadır (37). Stafilocok, Enterokok, Eschericia Coli, Psödomonas ve Klebsiella türleri ile dirençli ve tekrarlayan enfeksiyonlar neticesinde ürosepsis tablosu ortaya çıkabilir. Bu durumda eradikasyon genellikle zorlaşırlı ve uzun süreli antibiyotik kullanımı gerekebilir.

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