

Bölüm 9

NONARTERİTİK ANTERİÖR İSKEMİK OPTİK NÖROPATİ

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GİRİŞ

Nonarteritik anterior iskemik optik nöropati(NAİÖN) 50 yaş üstü erişkin popülasyonda en sık görülen iskemik optik nöropati olup, bu yaş grubundaki yıllık insidansı 2.3-10.2/100000 arasında bildirilmiştir (1,2). Beyaz ırkda siyahilere ve asyalılara göre daha sık görülmektedir (3). Daha eski yayınlarda cinsiyet farkı tespit edilemezken(2) yakın zamanda yayınlanmış bir metaanalizde erkek cinsiyet anlamlı olarak değiştirilemeyen risk faktörleri arasındadır (4).

KLİNİK

Hastalar tipik olarak tek taraflı, akut, ağrısız, tutulan görme alanında bulanıklık ya da karartı şeklinde tarif edilen görme kaybı ile başvurumaktadırlar. Hayreh ve arkadaşları bu tablonun en sık sabahları uyanma sırasında görüldüğünü bildirmişlerse de (5) İskemik Optik Nöropati Dekompresyon Çalışmasında (IONDT) bu doğrulanamamıştır (6). Oftalmolojik muayenede görme keskinliğinde düşüş, çeşitli görme alanı defektleri, renkli görmede bozulma, rölatif afferent pupil defekti, bir ya da daha fazla kıymık hemorajinin eşlik ettiği, ödemli ve hiperemik optik disk görünümü mevcuttur (Resim 1)(2).

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