

HIPOKSİK BEYİN HASARINDA KÖK HÜCRE TEDAVİSİ

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GİRİŞ

Hipoksi dokuya taşınan oksijen miktarında azalma, iskemi ise dokuya glikoz ve oksijen ulaştırılmasını engelleyen kan akımındaki parsiyel veya tam yokluktur. Her yaş grubunda birçok faktör hipoksi ve reperfüzyonun eşlik ettiği veya etmediği iskemi ile beyin hasarı gelişmesine neden olabilir. Asfiksi, arrest, şok, kanama, travma, enfeksiyonlar, tromboembolik ve metabolik olaylar hipoksik iskemik beyin hasarı nedenleri arasında sayılabilir.^{1,2}

Her yaş grubunda önemli bir morbidite ve mortalite nedenidir. Uzun dönemde bilişsel ve motor alanda sekel gelişmesine neden olabilir. Hipoksi ve iskemiye en hassas organ olan beyinde aynı anda birçok yolakta gelişen biyokimyasal olaylar zinciri hücre hasarına giden süreci başlatır. Patofizyolojisinin iyi anlaşılması, erken dönemde tedavi stratejilerinin geliştirilerek beyin hasardan korunması amacına ulaşmak için gereklidir. Olguların yakın nörolojik izlemi ve yardımcı görüntüleme tetkikleri ile hasarın ciddiyeti ve prognoz üzerine etkilerine dikkat edilerek en uygun tedavi yaklaşımı belirlenmeye çalışılmalıdır.

Rejeneratif tıp alanındaki son klinik araştırmalar, hipoksik iskemik ensefalopatide ve inme, kardiyak arrest gibi diğer hipoksik iskemik atakların neden olduğu yenidoğan dönemi dışındaki beyin hasarı için olası bir tedavi olarak embriyonik kök hücrelerin incelenmesine odaklanmıştır. Embriyonik kök hücreler hematopoietik, sinir veya mezenkimal kök hücrelere farklılaşma potansiyeline sahiptir.^{3,4} Mezenkimal kök hücreler, nöronal dokuya dönüşüm yerine parakrin etki ile yeni beyin hücrelerinin oluşumunu uyarır böylece nörorejeneratif ve immün modüle edici etkileri nedeniyle beyin hasarının tedavisinde kullanılır.^{5,6}

Hipoksik beyin hasarında kök hücre tedavisi, yenidoğanda hipoksik iskemik ensefalopatide ve yenidoğan dışı iskemik beyin hasarında olmak üzere iki alt bölümde incelenmiştir.^{4,7}

HIPOKSİK İSKEMİK ENSEFALOPATİ

Hipoksik iskemik ensefalopati (HİE) yenidoğanlarda perinatal asfiksiye bağlı gelişen fizyolojik, hücresel ve moleküler değişikliklerle seyreden beyin hasarıdır. Hipoksik-iskemik ensefalopati 1-6/1000 canlı doğumda görülür.⁷ Etkilenen be-

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nik çalışmalar, 3.6×10^4 ila 4.3×10^7 mezenkimal KH /kg arasında değişen IV dozlarının kemirgenlerde önemli davranış kazanımları sağladığını göstermektedir.⁸⁶ Bir çalışmada, yenidoğanın hipoksik iskemik bir modelinde fare başına 0.5×10^6 mezenkimal KH verildiğinde lezyon boyutunda önemli bir azalma ve sensorimotor fonksiyon gelişimi kaydedilmiştir. Dozu $0,25 \times 10^6$ mezenkimal KH'ye düşürmenin sensorimotor performans veya gri/beyaz cevher korunması üzerinde anlamlı bir etkisinin olmadığını, dozu $1,0 \times 10^6$ 'ya yükseltmenin ise sensorimotor fonksiyonda veya lezyon boyutunun küçülmesinde ek iyileştirmeler sağlamadığını göstermiştir.⁸⁷ Bir faz I çalışmasında, 0,5, 1.0 ve 1.5×10^6 allojenik umbilikal kord kan KH/kg IV transfüzyonunun güvenli olduğu ve kronik inme hastalarında davranış kazanımları olduğu gösterilmiştir. İnmeli sıçanlarda iskemiden iki gün sonra sıçan başına 2×10^6 umbilikal kord kan KH IV uygulamasının güvenli olduğu ve nöroproteksiyon sağladığı saptanmıştır.⁸⁸ İskemik yaralanmadan bir gün sonra umbilikal kord kan KH (1×10^6 veya 4×10^6) IV enjeksiyonunun inmeli sıçanlarda nörolojik hasarı azalttığı gösterilmiştir.⁸⁹

Kombine Tedavi

Kardiyak arreste bağlı beyin hasarında, mezenkimal KH ile tedavi edilen sıçanlar, iskemiden sonra 2 saat boyunca terapötik hipotermi ile tedavi edilenlere kıyasla daha iyi veya eşdeğer fonksiyonel sonuçlar gösterirken hipotermimin bu patolojide mezenkimal KH tedavisinin faydalarını artırdığı bulunamamıştır.⁷⁸ İskemik inmeli sıçanlarda, 5 dakika boyunca 0.6 mL/dk infüzyon hızında soğuk salin (4°C) enjeksiyonu ile iskemiden sonra hipotermi, mezenkimal KH'nin reperfüzyon hasarı üzerindeki terapötik etkilerini artırabilir.⁹⁰ İskemiden yedi gün sonra, umbilikal kord kan KH'lerin ve eritropoietinin kombine kullanımının inmeli sıçanlarda güçlü nörojenik ve anjiyogenik etkilere sahip olduğu gösterilmiştir.⁹¹

Sonuç olarak; hipoksik iskemide aracı beyin hasarı hücre ve doku düzeyinde birçok mekanizmaların birbiri ile etkileşimleri neticesinde gelişen bir durum olup, çeşitli etiyolojilerde sekel gelişimine hatta ölüme neden olabilmektedir. İnme geçirdikten sonra iskemik dokuda iyileşmenin gerçekleşebilmesi ve hastanın kaybettiği fonksiyonlarını geri kazanabilmesi için kök hücre uygulamaları umut verici görünmektedir. Bununla birlikte, hücre tipi seçimi, hücre dozu, uygulama yolu ve hasta özellikleri dahil olmak üzere optimal parametreler belirsizliğini korumakta ve önerilen yöntemlerin etkilerini en üst düzeye çıkarmak için daha fazla araştırmaya ihtiyaç bulunmaktadır.

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