



Common Genetic Mutations In Psychiatric and Cardiovascular Diseases

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INTRODUCTION

Cardiovascular diseases (CVD) and psychiatric diseases are important causes of morbidity and mortality worldwide. In studies conducted over the years, it has been postulated that a bidirectional relationship exists whereby both conditions may mutually influence and precipitate each other (1). Moreover, psychiatric diseases and CVD seem to have common etiologies such as genetic mechanisms (1). There is an evidence of genetic overlap between CVD and psychiatric diseases (2). In addition, twin studies and molecular genetic studies have also revealed genetic correlations between cardio-metabolic abnormalities, CVD, and psychiatric disorders (3, 4). This chapter endeavors to provide a concise overview of the prevalent genetic mutations observed in CVD as well as psychiatric diseases.

Genetic Factors in the Relationship between Cardiovascular Diseases and Psychiatric Diseases

Genetic factors simultaneously exert an influence on both CVD and psychiatric disorders. These observations suggest potential pleiotropic effects originating from the same gene locus associated with psychiatric disorders and CVD (5, 6). The pleiotropic effects arising from the involvement of multiple genes associated with cardiovascular risk factors have been identified in patients diagnosed with schizophrenia (5). A total of seven pleiotropic genes (SLC39A8, MAML3,

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such as transtuzumab have demonstrated replicated efficacy in the treatment of psychoses and other psychiatric diseases. These initial studies of immunological pathways and their interactions with pharmaceutical drugs can generate hypotheses for more research (26).

Conclusion

Psychiatric disorders and various cardiovascular diseases share important genetic variations. The presence of common genetic mutations in individuals with psychiatric disorders may lead to a notable comorbidity of cardiac diseases within this patient population. Given the common genetic mechanisms underlying cardiac and psychiatric diseases, future studies may shed light on the treatment of co-occurring diseases by focusing on the precise genetic factors in patients with both cardiovascular and psychiatric diseases.

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