

# BÖLÜM 25

## DENEY HAYVANLARINDA DİYABET MODELLERİ

Prof. Dr. Çiğdem ÖZER<sup>1</sup>  
Araş. Gör. Dr. Hatice Betül MOĞULKOÇ<sup>2</sup>

### A. GİRİŞ

Diabetes mellitus (DM), pankreasın insülin sekresyonunun yetersizliği ve/veya dokuların insüline cevabının bozulmasıyla (insülin direnci) oluşan, protein, yağ ve karbonhidrat metabolizmasını etkileyen kronik metabolik endokrin bir hastalıktır. Kan glikozu takibi ve insülin gibi eksojen farmakolojik ajanların uygulanması yoluyla hastalığın yönetimi zahmetli ve maliyetlidir.

Diabetes Mellitus:

- A. Primer (idiopatik) DM
  - » Tip I (İnsüline bağlı) DM
  - » Tip II (İnsüline bağımlı olmayan) DM
- B. Sekonder DM
- C. Gestasyonel DM
- D. Bozulmuş glikoz toleransı
- E. Sınıflanamayan tipler olarak gruplandırılabilir

Tip 1 DM tüm diyabet vakalarının yaklaşık %10'unu oluşturur ve otoimmün bir süreç nedeniyle pankreas beta hücrelerinin yıkımı sonucu meydana gelir [1][2]. Bu tip diyabette pankreasın insülin üretememesine bağlı olarak mutlak

<sup>1</sup> Prof. Dr., Gazi Üniversitesi, Tip Fakültesi, Temel Tip Bilimleri Bölümü, Fizyoloji AD. E-posta: cigdemozer@gazi.edu.tr, ORCID iD: 0000-0002-2705-4522

<sup>2</sup> Araş. Gör. Dr., Gazi Üniversitesi Tip Fakültesi Temel Tip Bilimleri Bölümü Fizyoloji AD. E-posta: hbmogulkoc@gazi.edu.tr, ORCID iD: 0000-0002-8326-5631

## C. SONUÇ

Deney hayvanlarında diyabet modelleri günümüzde kadar DM'in patogenezi hakkında paha biçilemez bilgiler sağlamıştır. Bundan dolayı deney hayvanları modellerinin yeri doldurulamaz. Her biri spesifik özelliklere sahip birçok diyabet modeli vardır. Ancak bir araştırma planlanırken bu modellerin insan diyabetini tam olarak taklit edemedikleri göz önünde bulundurulmalıdır. Diyabet ile ilgili bir araştırmaya başlamadan önce kullanılacak model dikkatle seçilmeli, 3R kuralına bağlı kalınarak hayvan sayısı azaltılmaya çalışılmalı ve hayvanlara en az rahatsızlık verecek şekilde planlanmalıdır.

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