



BÖLÜM 12

Tüberkülöz

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GİRİŞ

Tüberkülöz (Tb), *Mycobacterium tuberculosis* (*M. tuberculosis*) basilinin neden olduğu ve özellikle gelişmekte olan ülkelerde önemli bir morbidite ve mortalite sebebi olan, hava yoluyla bulaşan, sıkılıkla akciğerler olmak üzere tüm organ ve dokuları tutabilen bulaşıcı bir enfeksiyon hastalığıdır (1-3). *M. tuberculosis*in yanı sıra *Mycobacterium bovis*, *Mycobacterium africanum*, *Mycobacterium microti* ve *Mycobacterium canettii* de hastalıktan sorumlu ajanlar arasında yer almaktadır. Aktif tüberkülüzu bulunan kişilerin öksürmesi, hapsirması ya da konuşmasıyla 1-5 µm boyutundaki damlacıklar şeklinde mikrobakteriler saatlerce havada asılı kalabilir. Tb basiline maruz kalan tüm yetişkinler enfekte olmaz; kişiden kişiye bulaş Tb kaynağının enfektivitesi ve maruz kalan kişinin immün durumu ile ilişkilidir. Havadaki damlacıklar inhalasyon yolu ile terminal hava yollarına ulaşır ve burada alveolar makrofajları enfekte eder. Enfekte bireylerin %5'inde immün sistem başlangıçtaki enfeksiyonu kontrol etmede yetersiz kalır ve 1-2 yıl içinde primer Tb olarak bilinen aktif Tb gelişir (4). Enfekte kişilerin diğer %5'inde immün sistem başlangıçtaki enfeksiyonu kontrol altına alabilecek kadar efektiftir ancak canlı mikrobakteri daha sonra reaktive olmak üzere dormant halde kalır; bu durum ise postprimer ya da reaktivasyon Tb olarak bilinir. Basil ile karşılaşan kişilerin geriye kalan %90'ında semptomatik Tb gelişmez ve hastalık latent Tb enfeksiyonu şeklinde subklinik seviyede atlatılır. Latent enfek-

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