

Yoğun Bakımda Girişimsel İşlemler

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Yoğun bakım ihtiyacı olan kritik hastalarda, yoğun bakımda kaldıkları süre zarfında birtakım girişimsel işlemlere gereksinim duyulmaktadır. Bu işlemler; medikal tedavilerin devamı için gerekli olan periferik venöz kateter uygulamaları kadar basit olabilirken, hemodinamik monitörizasyonda gerekli olacak pulmoner arter kateteri ya da havayolu kontrolü için gerekli olacak trakeostomi uygulamaları kadar invaziv olabilir.

Bu işlemlerin bazıları yardımcı sağlık personeli tarafından uygulanabilir olmasına rağmen; işlemler invaziv hale geldikçe, daha tecrübeli kişiler tarafından ve ultrasonografi gibi görüntüleme yöntemleri yardımıyla uygulanması gerekmektedir. Bu bölümde yoğun bakımda ihtiyacımız olabilecek bazı girişimsel işlemlerden bahsedilecektir.

| Havayolu İşlemleri

Yoğun bakım ihtiyacı bulunan kritik hasta grubunda, destek oksijen tedavisine ek olarak mekanik ventilasyon ihtiyacı olabilir. Mekanik ventilasyon sağlanacak hastalar için yapay havayolu uygulamaları gerekmektedir. Bu hastalar için öncelikle endotrakeal, nazotrakeal yollar düşünülürken, endotrakeal işlemlere uygun olmayan hasta varlığında ya da acil havayolu sağlanması gereken zor entübasyon durumlarında doğrudan trakeaya uygulanan trakeostomi işlemleri de kullanılabilir (1).

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