

Bağımlılığın Biyolojisi ve Fizyolojisi

Latife UTAŞ AKHAN ¹

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Öğrenim Hedefleri

1. Bağımlılığın nöral temelleri ve belirleyicilerini tanımlar
2. Beynin yapısını ve nörobiyolojisini açıklar
3. Psikolojik ve fizyolojik bağımlılığı tanımlar
4. Bağımlılıkta hormonal yapıları açıklar.

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İçindekiler

1. Giriş
2. Bağımlılığın Nöral Temelleri, Belirleyicileri
3. Bağımlılıkta Hormonal Yapılar
4. Konu ile İlgili Bir Vaka ve Analizi
5. Sonuç
6. Konu ile İlgili Film ve Kitap Önerileri
7. Kaynaklar

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Danışmanlık aşamasında öneriler;

Hastanın başetme mekanizmaları gözden geçirilerek geliştirmesi sağlanabilir. Tedavi aile ve sağlık personelleri ile iş birliği içinde uygulanmalı, tedavi sürecinde yoksunluk belirtilerinin hormonal yapılardan kaynaklandığı bilinmeli, bu duruma uygun bir yaklaşım geliştirilmelidir. Hastanın yoksunluk belirtilerini abartarak, ağrı kesici gibi ilaçları istemesinin altında yatan fizyolojik bağımlılık süreci bilinmelidir.

Konu ile İlgili Film Önerileri

- » *Requiem for a Dream, 2000*
- » 28 Gün, 2000
- » Erkek Severse, 1994

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