

BÖLÜM 6

VENÖZ YETMEZLİK CERRAHİSİ

Haluk Çağlar KARAKAYA¹

| GİRİŞ

Kronik venöz yetmezlik (KVY) ülkemizde en sık görülen damar hastalıklarından biridir. KVY, kişilerin günlük işlerini yapmakta zorlanmasına, yaşam kalitesinde azalmaya, iş gücü ve zaman kaybına yol açabilmektedir. KVY bazı hastalarda asemptomatiktir ve sadece kozmetik kaygıya sebep olmaktadır. Bazı hastalarda ise hafiften şiddetliye geniş bir skalada semptom oluşturmaktadır. Tedavide en çok zorlanılan grup ise şiddetli KVY'ye bağlı venöz ülser gelişen hastalardır ve KVY tedavisi ihmal edildikçe venöz ülser gelişme riski artmaktadır. Kompresyon ve medikal tedavilerin yetersiz kaldığı veya ileri evre KVY hastalarında endovenöz girişimler ve cerrahi yöntemler uygulanır. Her ne kadar son yıllarda endovenöz girişimlerin popülaritesi artsa da cerrahi yöntemler KVY tedavisinde önemini hala korumaktadır.

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