

4. BÖLÜM

Acil tıpta mentorluk

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Mentor ve mentorluk tanımı

Mentor, daha az deneyimli bir meslektaşının mesleki gelişiminde özel ilgi gösteren kişidir [1]. Bu kişi (mentor), diğer bir kişinin (menti) bireysel gelişimini artırma hedefi ile ona rehberlik ve destek sağlar. Mentorun sözlük tanımları çeşitlilik göstermektedir, ancak esas olarak, sıklıkla bir kurum ve kuruluşta, yeni çalışanları veya öğrencileri eğiten ve akıl veren deneyimli ve güvenilir bir danışman, rehber, yol gösteren, özel eğitmen veya koç olarak tanımlanır. Çağdaş tanımlar ise, “başka bir bireyin gelişimi ve eğitimi ile doğrudan ilgilenen güvenilir ve deneyimli bir danışman” ve “bir aydınlatma (bilgilendirme) sanatçısı” tanımlarını içermektedir [2].

Mentor terimi eski Yunan edebiyatından Homer’in Odyssey’ine kadar uzanır. Odysseus Truva Savaşı’na giderken, oğlu Telemachus’u, güvenilir bir arkadaşının (Mentor) himayesine verir. Mentor, Telemachus’un sadık koruyucusu ve bilge danışmanı olarak görev yapmış ve daha sonra Odysseus dönmediğinde babasını bulması için Telemachus’a yardım etmiştir. Mentor’un rehberliğinde Telemachus olgunlaşmış ve kendi kimliğini geliştirmiştir. Bilgelik tanrıçası Athena, aralıklı olarak Mentor şekline bürünmüş, kişisel bir mizaca dair tavsiye ve bilgelik vermiştir. Yunancada, mentorluk, süreklilik-sebat terimi ile eşanlamlı hale gelmiştir. Eski Çin kralları, tacını halefine devretmek için Shan Jang (feragat etmek veya teslim etmek) olarak adlandırılan bir mentorluk biçimini kullanmışlardır. Kelimesi kelimesine

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- 7 Mentorluğun uluslararası acil tıp alanında giderek artan önemi göz ardı edilemez. Uluslararası mentorluk ilişkilerinin oluşturulması ve sürdürülmesinin ardındaki yöntemler hakkında öğrenilecek çok şey olsa da, uluslararası acil tıp alanındaki büyük gelişme, şüphesiz ki başarılı mentorluktan da bir dereceye kadar kaynaklanmaktadır.

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