

BÖLÜM 27



Romatolojik Hastalıklarda Atriyal Fibrilasyon

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GİRİŞ

Atriyal fibrilasyon (AF) genel popülasyonda en sık görülen aritmidir. Hipertansiyon, diyabet, obezite, yaş, kalp kapak hastalığı ve kardiyomi-yopati gibi çeşitli risk faktörleri AF riskini artırmaktadır (1). Çalışmalar, sistemik enflamasyonun AF'yi indükleyebileceğini göstermiştir (2,3). Tümör nekroz faktörü alfa (TNF- α), interlökin (IL)-2, IL-6 ve C-reaktif protein (CRP) gibi sistemik inflamatuvar belirteçler AF gelişimi ile ilişkilendirilmiştir (2-4). Romatizmal hastalıklar da dahil olmak üzere birçok hastalık sistemik inflamasyon ile ilişkilidir.

Son zamanlarda yapılan çalışmalar sonucunda, otoimmün bozukluklar ve AF arasında bir ilişki olduğu gösterilmiştir (5, 6). Anti-M2 reseptörü (7), anti-B-adrenerjik reseptör (8), anti-ısı şoku proteini (9), anti-Na⁺/K⁺ pompası (10) ve antimiyozin otoantikörlerinin (11) AF ile ilişkili olduğu gösterilmiştir (12, 13, 14).

Bu otoantikörler inflamasyon ve atriyal fibrozisi tetikleyebilir (15), atriyal miyokardiyumunu AF gelişimine yatkın hale getirebilir (16).

AF'nin patogenezi çok faktörlü olsa da, anormal ventrikülovasküler homeostatik mekanizmalar ventriküler dolum basınçlarını ve dolayısıyla sol atriyal basınç ve gerilmeyi artırarak AF gelişiminde primer rol oynayabilir (17, 18, 19).

Bu mekanizmalara ek olarak inflamasyonun AF gelişimine yol açan sinyal yollarını etkilediği böylelikle yapısal kardiyovasküler hastalıklara ve AF ye neden olduğu bilinmektedir. İnflamatuvar yükün azaltılmasının, prognozu olumlu yönde iyileştirdiği için, tedavi öncelikle sistemik inflamasyonu hedef almalıdır. Romatizmal hastalıklara bağlı AF tedavisinde de diğer AF tedavisi gibi antikoagulan, ritm kontrol tedavi, katater ablasyon, pacemaker gibi tedaviler düşünülebilir.

Birçok romatizmal hastalıkta AF riskinin arttığı yapılan çalışmalarda gösterilmiştir.

ROMATOİD ARTRİT VE ATRİYAL FİBRİLASYON

Romatoid artrit (RA), inflamatuvar artrite neden olan ve sinovyal eklem tutulumunun yanı

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Gut tanıli hastalarda AF riskinin araştırıldığı az sayıda çalışma mevcuttur (70,71). İngilterede yapılan bir çalışmada, gut tanıli hastalarda AF için risk oranı 1,09 saptanmıştır (70) 2004-2013 yılları arasında yapılan diğer bir çalışmada, osteoartrit ile karşılaştırıldığında, gut hastalığı olan kişilerde yeni AF için risk oranı 1,13 saptanmıştır (72).

Gut hastalığının özellikleri olan hiperürisemi (73-76), oksidatif stres (77,78) ve kronik enflamasyon (79-81) AF riskini artırmaktadır ve, bu da gut hastalığındaki yüksek AF riskini açıklayabilir.

Gut tedavisinde kullanılan allopurinol, oksidatif stres ile fibrozisi önleyerek AF riskini azaltmaktadır (82). Yaşlılarda yapılan yeni bir kohort çalışmasında allopurinol ile AF riskinde azalma tespit edilmiştir (83). Bu etkiye, ksantin oksido-redüktaz inhibisyonu yoluyla allopurinole bağlı oksidatif stresin azaltılması (84) veya daha önce kalp yetmezliğinde belirtildiği gibi allopurinolün endotelial disfonksiyonu iyileştirmesi aracılık ediyor olabilir (85). Allopurinol ayrıca serum ürat seviyesini (sUA), ürat kristal birikimini ve ilişkili kronik enflamasyonu azaltarak AF riskini azaltabilir (86). Bu veriler, gut hastalığında hiperürisemi, oksidatif stres ve kronik enflamasyonun AF riskine katkıda bulunabileceği hipotezine yol açmaktadır.

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