

## BÖLÜM 6

# GASTROİNTESTİNAL HASTALIKLARIN NÖROLOJİK BULGULARI

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## GİRİŞ

Bu bölüm gastrointestinal hastalıkların bir sonucu olarak ortaya çıkan nörolojik semptomlara odaklanmaktadır. Bu semptomlar nöropati, miyopati, ataksi, baş ağrısı ve nöbet dahil olmak üzere geniş bir yelpazede olup gastrointestinal ve nörolojik semptomların birbirleriyle ilişkilendirilmesi bu hastalıkların erken teşhisi açısından önem arz etmektedir. Aşağıda ekstraintestinal nörolojik belirtileri sık görülen bazı gastrointestinal hastalıklara yer verilmiştir.<sup>1</sup>

## MALABSORBSİYON SENDROLARI

### **Çölyak Hastalığı**

Çölyak hastalığı, genetik olarak yatkın bireylerde (HLA sınıf II haplotipleri DQ2 veya DQ8) çevresel koşullarla birlikte enteropatiye yol açan gluten duyarlılığı olarak tanımlanır.<sup>2</sup> Tipik olarak diyare, karın ağrısı gibi gastrointestinal semptomlarla prezente

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## **SONUÇ**

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Gastrointestinal sistemi ilgilendiren birçok hastalığa nörolojik bulgular eşlik edebilir. Nöropati, miyopati, ataksi, baş ağrısı ve nöbetler dahil olmak üzere birçok nörolojik semptom bu hastalıkarda hem tanı anında hem izleminde karşımıza çıkabilir. Erken tanı ve tedavi hem komplikasyonların önlenmesi hem de hastaların yaşam kalitelerinin arttırılması açısından önemlidir. Tanı, tedavi ve izlem süreçleri bölümlerin multidisipliner yaklaşımı ile devam ettirilmelidir.

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