

ROMATOLOJİK HASTALIKLARIN NÖROLOJİK BULGULARI

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SİSTEMİK LUPUS ERİTEMATOZUS

Sistemik lupus eritematozus (SLE) kronik otoimmün, multisistemik bir hastalıktır. Çocukluk çağı başlangıçlı SLE'nin insidansı yaklaşık 0,3-0,9/100.000, prevalansı 3,3-24/100.000 olarak tahmin edilmektedir.¹ Hastaların %15-22'si 16 yaş öncesi tanı alır.²

Nöropsikiyatrik Lupus (NP-SLE), SLE'deki hastalık aktivitesinin bir parçası olan inflamasyon, tromboz gibi süreçlere bağlı olarak herhangi bir nöroanatomik bölgenin etkilendiği tabloları tanımlar. Bu klinik tablolar primer NPSLE olarak da adlandırılır. Bunun dışında kullanılan ilaçlara veya komorbiditelere bağlı gelişen nöropatolojik tablolar da olabilir. Bu klinik durumlar ise bazı kaynaklarda sekonder NPSLE olarak adlandırılır. Juvenil SLE'de nöropsikiyatrik tutulum prevalansının %22-95 arasında olduğu düşünülmektedir.³

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Tablo 1: SLE'de görülen Nöropsikiyatrik Sendromlar (ACR-2001)*

SANTRAL SİNİR SİSTEMİ	PERİFERİK SİNİR SİSTEMİ
Aseptik menenjit	Akut inflamatuvar demyelinizan poliradikülopati
Serebrovasküler Hastalık	Otonom disfonksiyon
Demyelinizan Sendrom	Mononöropati, tek/müльтиpleks
Hareket bozukluğu (kore)	Myastenia gravis
Myelopati	Pleksopati
Nöbet	Polinöropati (EMG-NCS ile kanıtlanmış)
Akut Konfüzyonel Durum	
Kognitif Disfonksiyon (Orta veya Ağır)	
Ağır depresyon	
Psikoz	

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