



## TİROİD HASTALIKLARI VE GEBELİK

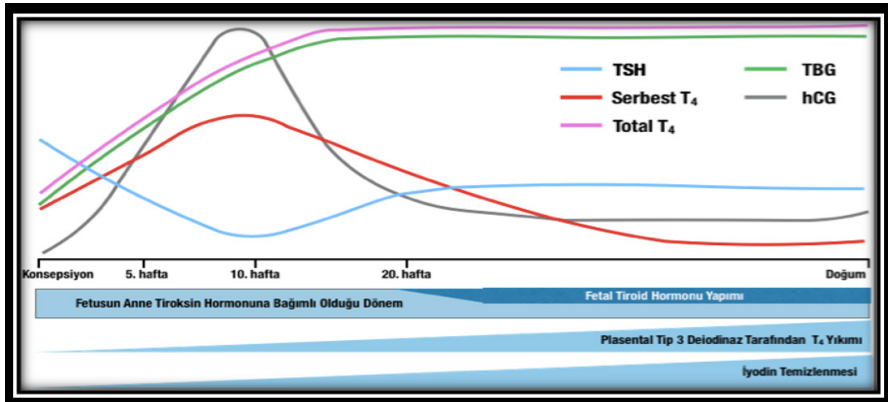
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### GEBELİKTE TİROİD FİZYOLOJİSİ

Gebelikte tiroid hastalığının tanısı, normal gebeliğe eşlik eden tiroid fiziolojisinin ve tiroid fonksiyon testlerindeki değişikliklerin anlaşılmasını gerektirir. Bu değişiklikler **Şekil 1**'de gösterilmiştir.

Gebede tiroid fiziolojisindeki farklılıklar temelde iki majör değişikliğin sonucudur:

1. Serum tiroksin bağlayıcı globulinde (TBG) artış
2. İnsan koryonik gonadotropin (hCG) tarafından tirootropin (tiroid stimulan hormon [TSH]) reseptörünün uyarılması.



**Şekil 1.** Gebelikte tiroid fiziolojisindeki değişiklikler (1).

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