

BÖLÜM

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MİKOZİS FUNGOİDESTE DERMATOSKOPI

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GİRİŞ

Mikozis fungoides (MF) derinin T hücreli lenfomaları içerisinde en sık görülen alt tiptir ve derinin T hücreli lenfomalarının yaklaşık % 50'sini oluşturmaktadır (Borghi A. , 2022). Hem erişkin hem çocuk hastaları etkileyebilen bu tablo en sık klasik tipte gövde, kalçalar gibi güneş görmeyen alanlarda eritemli ince skuamlı yama, plak ve tümörler şeklinde görülürken atipik formda farklı klinik bulgularla görülebilmektedir (Nakamura ve ark., 2021). Özellikle erken evrede eritemli skuamlı görünümü ile dermatolojik çok sayıda inflamatuvar deri hastalıkları ile karışabilmekte ve dermatolojide farklı klinik bulguları nedeniyle majör taklitçiler arasında yer almakta, bu polimorfik görünümü nedeniyle tanısı gecikmektedir. Özellikle klasik formda eritemli yama ve plaklardaki inflamatuvar belirtilerin siyah ırkta daha az belirgin olması nedeniyle deri tipi Fitzpatrick sınıflamasına göre IV-VI olan hastalarda sıklıkla hastalık daha ileri evrede tanı almakta ve tanı sonrası ortalama yaşam süresinin daha kısa olduğu bildirilmektedir (Gallo ve ark. ,2021).

Dermatoskopi bugün melanositik veya nonmelanositik çok sayıda tümöral lezyonda, saç ve tırnak hastalıklarının yanı sıra, enfeksiyöz veya inflamatuvar birçok benign veya malign deri hastalığının tanı ve ayırıcı tanısında kullanılabilen, lezyonların renk, patern ve damarsal yapılarının incelenebildiği noninvaziv, düşük maliyetli bir inceleme şeklidir.

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